

# International Programs Participant Guide 2014-2015

# Japan Tokyo

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**The California State University**

OFFICE OF INTERNATIONAL PROGRAMS

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This Participant Guide is designed to assist you with your preparation for your year abroad. We encourage you to share this information with your family and friends so that they can share in your experience. The Guide is revised annually and we welcome your suggestions.

Leo Van Cleve, Director

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## **The Participant Guide**

- Your Participant Guide provides information about your study abroad program, specifically about:
  - Important Country-Specific information
  - Academic Arrangements
  - Finances/ Program Costs
  - Health & Safety
- Participation in IP requires considerable commitment on your part. We expect you to read your Participant Guide as it was written to assist you as you prepare to study abroad.

## **The CSU International Programs: An Overview**

- IP is the most affordable study abroad option for CSU students.
  - IP is supported by State funds, so participants pay the same CSU tuition fees had they remained at their home CSU campuses.
- All academic credit earned abroad counts as CSU resident credit.
- Participants gain firsthand knowledge and understanding of other areas of the world through a year of academic study.
- Staff are available at all locations abroad to provide orientation and to assist students on a daily basis.

# Student Policies and Procedures

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## What About Alternates?

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- Being an “alternate” means you’re on the waiting list.
- Alternates must complete all forms and make all payments as if they were regular participants.
- You will be informed immediately if your status changes.

## How Involved Do I Have to Be?

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- Being part of an established program involves commitment.
- At times, you will be expected to behave as a member of a group, such as at the on-site orientation and in other group activities.
- Generally, you’ll have a great deal of independence, but you must remember that your actions may affect your group or future groups.

## Communicating with The Office of International Programs (OIP)

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- **From now on, all questions about your participation in the program should be addressed to OIP.**
- When making inquiries, we ask that you, and not your parents, contact us.
- OIP is located in downtown Long Beach at the CSU Office of the Chancellor, not on the CSU Long Beach campus as some mistakenly assume. Our address is:

**CSU International Programs**  
401 Golden Shore, Sixth Floor  
Long Beach, California 90802-4210  
Tel: (562) 951-4790

For all pre-departure questions: [ipstudentaffairs@calstate.edu](mailto:ipstudentaffairs@calstate.edu)

For all academic questions: [ipacademics@calstate.edu](mailto:ipacademics@calstate.edu)

For financial matters: [ipfinance@calstate.edu](mailto:ipfinance@calstate.edu)

- We will communicate with you by e-mail, so read your e-mail frequently.
- Inform us if you change your e-mail address.

## IP Website

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**All participants are expected to read the following online resources:**

1. **Online Form Packet** – Forms and deadlines
2. **Academic Program Calendar** - Program dates
3. **The IP Participant Guide** – Program details and policies
4. **The IP Bulletin** – Academic Program

## Deadlines

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- At the top of your “Online Form Packet” there is a checklist including all deadline dates. Please use it.
- It is not necessary to send materials by overnight mail. If you mail materials on the deadline, that’s OK. No need to call us if you’ll be a day or two late.
- Please make sure to mail all required documents by the deadline. **Our office cannot accommodate students wishing to drop off items in person.**

## Moving Before You Go?

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Anytime there is a change in your address, telephone, cell phone or email between now and departure, send us a **Change of Address /Contact Information form**. This form is included in your **Online Form Packet**.

## Do I Have to Register at my CSU Campus?

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No. Do not register for classes at your home CSU campus while you are on IP. OIP arranges this for you.

## Nonresident Students

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- Nonresident students are subject to nonresident tuition fees.
- Participants are selected without regard to national origin, citizenship, or residence status. In a competitive situation, however, priority is given to applicants who have not had extensive intercultural experience.
- Resident aliens are advised to check with the US immigration officials on the possible effects of residence

outside the US.

- Visa students must check with both their home country consular offices and the consular offices of their IP country to determine if any restrictions exist that might prevent participation.
- Students who are, or have been, citizens of their IP country may have additional restrictions or requirements placed on their admission by the host government and/or university. Ask the consular officials.

## Transfer Students

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If you will be entering a CSU campus for the term you are going abroad, you must provide OIP with two items: a copy of your letter of admission to the CSU and an updated transcript from your former college. These items must be sent to OIP no later than ◀ **June 15**.

## Renewal Students

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IP is designed as a one-year experience; however, some will want to spend a second year overseas in the same program and are called "Renewal Students". This is only possible for undergraduate students and only in these IP countries: **Chile, China, France, Germany, Italy, Mexico, Spain (Granada and Madrid) and Sweden**. Renewal applications will be considered taking into account the following factors:

- The renewal applicant does not take the place of an eligible first-time participant.
- Graduate students are not eligible to renew.
- The overseas center and host university can accommodate the student and assume the additional academic and administrative responsibilities.
- The renewal applicant has the support of the overseas resident director or program assistant or host university representative, home campus administrators and the academic advisor.
- The renewal application is received **in OIP by March 1**.

## Students with Dependents

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- If you will be accompanied by your spouse, domestic partner and/or children, complete the **Information for Students with Accompanying Dependents** form, found in your Online Form Packet.
- The Application for IP Group Health and Accident Insurance for Accompanying Dependents (see Online Form Packet) should be sent to OIP by ◀ **May 1**.
- Note: OIP can provide assistance to **legal** dependents only, i.e., spouses, domestic partners and/or children.

## Payment of CSU Tuition Fees

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- Do not pay tuition fees to your home CSU campus. These are included in your IP Program Costs.
- You will make payments to OIP in Long Beach.

- Nonresident students pay nonresident tuition.
- Send IP copies of Fee Waiver forms and Veteran's Affairs letters as may apply.

The CSU makes every effort to keep student costs to a minimum. Fees listed in published schedules or student accounts may need to be increased when public funding is inadequate. Therefore, CSU must reserve the right, even after initial fee payments are made, to increase or modify any listed fees, without notice, until the date when instruction for a particular program has begun. All CSU listed fees should be regarded as estimates that are subject to change upon approval by The Board of Trustees.

## Housing Policies

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- Requests for exceptions to mandatory, program-arranged housing must be submitted to OIP in writing by ◀ **May 1**.
- Married students and students with dependents may be required to find their own housing.
- Students must fulfill all financial and legal aspects of any housing arrangements made on their own.
- If students begin the year in program-arranged housing, they may only move out if:
  - The on-site owner/manager concurs and the student has met the terms of the lease or agreement.
  - The move will not jeopardize the availability of housing for the following year.
  - The CSU Resident Director or IP Program Representative approves.
  - Any applicable penalty or quittance fees are paid.
  - Any refund to the student for prepaid housing fees will be made only to the extent that the housing authorities are willing to release IP from commitments made on behalf of the student.
- Termination of a host family arrangement organized by OIP before the end of the year may be accompanied by an assessment of two or more months' rent.
- If a student moves out of program-arranged housing for personal convenience, or is ejected as a result of misconduct, IP is not responsible for securing replacement housing.
- The terms of lawful leases, signed by students, and as interpreted by local officials under the terms of host country law, take precedence over IP's housing policies. Students are subject to the full range of civil penalties for abuse of property or evasion of contractual obligations abroad in the same way they are subject to such provisions at home. Where legitimate debts arise from accepting accommodations owned or managed by the host universities, or other public entities associated with these universities, such debts may become debts owed to the Board of Trustees of The California State University and to the State of California.

## Withdrawals

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### Prior to Departure

If you decide not to participate, complete a Pre-departure Withdrawal form and submit it to OIP, so you can retain your status as a student at your home CSU campus.

### After Departure

- Withdrawal after departure is very serious. Consult with the Resident Director or Program Assistant abroad.
- Fill out the required withdrawal form.
- Failing to withdraw in writing may result in your receiving failing grades, which will appear on your CSU transcript.
- Withdrawal after departure constitutes withdrawal not only from IP, but also from your home CSU campus for the same semester.
- Financial aid recipients should work closely with OIP and their home campus financial aid adviser regarding funds that may need to be repaid to the campus and/or debts still owed to OIP.
- If you deferred payment of your IP prepaid costs with financial aid, and then withdraw from the program, you may end up owing IP as well as your home campus.
- In some instances, a change in visa status as a result of withdrawal from IP, (thus no longer having student status), may mean having to leave the host country immediately.
- In all cases of withdrawals and disenrollments, students assume full responsibility for their return to their home, and thereby remove all liabilities and responsibilities from OIP representatives and staff and the Trustees of The California State University.

## Refunds

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- Submit a written notice of withdrawal to OIP **prior to June 15** in order to receive a full refund of funds paid, less any funds already committed or expended on your behalf.
- If you withdraw **after June 15**, but before the beginning of instruction, you will receive a refund of all monies paid to OIP less \$500 or an amount equal to funds committed or expended on your behalf, whichever is greater.
- If you withdraw or are disenrolled after the beginning of instruction, you will receive a refund of funds not already committed or expended on your behalf.
- Tuition Fee refunds will be based on the amount paid to OIP, the effective withdrawal date and whether or not you receive any course credit for the term at the overseas university.
- **No refunds will be made for the IP Study Abroad fee after departure.**
- **No refunds will be made for health insurance cancellation after departure.**

- **No refunds will be made for nonparticipation in group activities.**
- **Determinations concerning eligibility for refunds and the amount and date of refunds shall be made at the discretion of the Trustees.**

## Student Conduct

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### General

You are responsible for your conduct, as well as how it reflects on IP, the CSU, the State of California, and the United States. Misconduct by one can result in the loss of opportunities for many. Therefore, it is important for you to learn and follow your host country's standards of good conduct. Honesty, courtesy, restraint and respect for the law are usually sufficient guides for proper conduct anywhere.

Standards of conduct for IP students are based on U.S. and host country laws, policies and practices. The standards of conduct also form part of the Agreement you signed prior to departure. In some cases, host countries and institutions apply standards that differ substantially from those normally applied within the CSU. The CSU has concluded agreements with host institutions abroad that recognize the authority of those institutions to apply their own standards to CSU students. It is important, therefore, that you be fully aware of your responsibilities to the CSU as well as to the host university and country.

Students on probation at their home campus may not be eligible to participate in an International Program. You may be requested to provide further explanation of the cause of probation in order to participate.

### Unacceptable Conduct

IP students are selected for an academic purpose. The following constitute unacceptable conduct while participating in IP:

- cheating or plagiarism in connection with an academic program;
- forgery, alteration, or misuse of official documents, records, or identification or knowingly furnishing false information;
- misrepresentation of oneself or of an organization to be an agent of the CSU International Programs;
- obstruction or disruption, on or off International Programs property, of the educational process, administrative process, or other official function;
- physical abuse, on or off International Programs property, of the person or property of any member of the International Programs staff, faculty or student body, or the threat of such physical abuse;
- theft of, or non-accidental damage to, International Programs property, or property in the possession of, or owned by, a member of the International Programs faculty, staff or student body;
- unauthorized entry into, unauthorized use of, or misuse of International Programs property;

- the sale or knowing possession of dangerous drugs, restricted dangerous drugs or narcotics, as those terms are used in California statutes, except when lawfully prescribed pursuant to medical or dental care, or when lawfully permitted for the purpose of research, instruction or analysis;
- possession, or use of, explosives, dangerous chemicals or deadly weapons on International Programs property;
- engaging in lewd, indecent or obscene behavior;
- abusive behavior directed toward, or hazing of, a member of the International Programs community;
- violation of any order of the director of International Programs, or of the resident director;
- violation of International Programs rules and regulations as specified in official International Programs' publications and correspondence;
- failure to attend classes to the extent normally required;
- failure to carry out a required portion of the program;
- violation of the laws of the host country or the political subdivisions thereof;
- violation of the rules and regulations of the host university institution;
- violation of the terms of stay or visa restrictions imposed by the host country;
- participation abroad in any event, activity or conspiracy of a political nature, or the making of any public statement which might tend to embarrass or inconvenience the CSU International Programs or endanger the welfare of participating students;
- conduct which might be harmful to the International Programs or infringe upon the opportunities and benefits available to participating students;
- failure to discharge lawful debts abroad in a responsible and timely manner;
- conduct which represents a danger to the personal safety of the student involved or to other students, faculty or staff members;
- flagrant disregard of local customs, mores or beliefs which might result in offending or antagonizing host country citizens or officials;
- violating the rights of any other participating student or students, faculty or staff members;
- soliciting or assisting another to do any act described above.

### Sanctions

International Programs students sign an agreement with the CSU Board of Trustees which recognizes the authority of the Director of International Programs as the agent of the Board of Trustees, and at the sole discretion of the director, to apply appropriate sanctions for the violation of the above items of unacceptable conduct, or other items of unacceptable conduct which the director shall establish. Such sanc-

tions are rarely applied, but must be brought to the attention of program participants:

- **Reprimands** — Verbal or written notice of unacceptable conduct. Reprimands set forth requirements for improvement of behavior and are intended to assist the student in correcting that behavior as part of the educational process where the conduct is remediable;
- **Probation** — Written notice of unacceptable conduct which sets forth specific terms required to avoid termination of enrollment where such conduct is deemed remediable, but of a serious nature;
- **Disenrollment** — Disenrollment and expulsion of a student from IP is the final sanction available to the Director of International Programs as a means to remove students from the program who have committed serious infractions and whose unacceptable conduct is deemed unremediable. Students being considered for disenrollment are provided a fair and timely opportunity to explain, justify or deny the behavior in question, or to raise matters of mitigation prior to any decision to disenroll. Disenrollment means termination of status as an enrolled student, the probable termination of legal status in the host country, and withdrawal from the academic program at the host institutions abroad with all of the attendant academic and personal consequences thereof. Disenrollment from IP is not necessarily prejudicial to a continuation of enrollment at the student's home CSU campus; depending on the seriousness of the action, students may be subject to additional action.
- **Summary Disenrollment** — On those occasions where serious incidents of unacceptable conduct are combined with any form of imminent danger to the personal safety or health of the student involved, or where any threat to the safety, health or well-being of any other student participant, faculty member or staff member is involved, or where the continued operation of the International Programs is placed in imminent jeopardy by the conduct of the student involved, the Director of International Programs may carry out, at his sole discretion, an immediate disenrollment of the student involved without opportunity of appeal or mitigation.

### Grievances

Students who believe that they have been treated unjustly, or have been victims of an error on the part of the staff or the administration of IP, should make every effort to resolve the issue by consulting the resident director, if applicable, or the Director of International Programs. Should there be no satisfactory resolution of the problem, it will be the responsibility of the Director of International Programs to advise students with grievances in a timely manner on the availability of additional channels of appeal or assistance as may be appropriate and applicable to the circumstances involved.



## CSU International Programs Alcohol Policy

IP does not tolerate alcohol abuse by its participants. Alcohol may be consumed by IP participants of legal drinking age (in the host country). Students must understand that, if they choose to drink alcohol, they remain accountable for their actions and, therefore, must drink responsibly, following all host university and country rules and laws related to alcohol. Prior to departure, students are advised to research their host country's alcohol-related customs and laws.

The intent of this alcohol policy is to help IP achieve the following goals:

- Ensure that alcohol is never the primary focus of an IP event.
- Communicate to IP participants that they are expected to act responsibly regarding their consumption of alcoholic beverages while living abroad.
- Raise student awareness that, when choosing to consume alcohol abroad, students are subject to the local laws related to alcohol consumption.
- Remind IP Resident Directors and staff overseas that they should strive to create an atmosphere that does not encourage students to drink alcohol and that respects those who choose to abstain.
- Warn students that excessive drinking or drunkenness is not condoned and will never serve as an excuse for misconduct.
- Encourage students to be aware of local customs and laws related to alcohol consumption.

## CSU International Programs Statement on Sexual Harassment

### Sexual Harassment

It is the policy of the CSU to maintain a working and learning environment free from sexual harassment of its students, employees and applicants. All students and employees should be aware that the CSU is concerned and will take action to eliminate sexual harassment. Sexual harassment is conduct subject to disciplinary action.

As a CSU program, IP is concerned about sexual harassment abroad. This policy statement and the procedures below apply to students and employees of the CSU. Students should be aware that this policy does not apply to faculty, students and staff of host institutions abroad.

IP emphasizes the importance of orientation and open communication in order to promote a preventive approach that addresses and explains issues before they escalate into more serious problems.

### Is There an International Definition of Sexual Harassment?

IP participants should understand that a definition of sexual harassment abroad must take into account the legal system and culture of the host country. Legal standards and cultur-

al norms may be different than those in the US and this can make harassment difficult to identify abroad.

During orientations before departure and once abroad students will receive information regarding the host country and culture. In some cultures, verbal comments that may be offensive in the US may be acceptable abroad. At the same time some types of attire that are considered appropriate in the US may send different messages abroad.

### Reporting Sexual Harassment

All alleged incidents of sexual harassment should be reported to the resident director, resident coordinator or host university contact person. That person will consult with OIP regarding the issue. OIP will consult with other appropriate staff as necessary. On-site personnel and OIP staff should keep a written record and notes of any conversation surrounding these allegations. Students who prefer to contact OIP in Long Beach first may write to: ipstudentaffairs@calstate.edu.

### Responding to Sexual Harassment

Staff should respond to complaints in accordance with IP policies and procedures for responding to such allegations.

## Intercultural Gender Relations

Gender relations may be initiated differently in different cultures and students traveling abroad should educate themselves about their host country's customs before they go. Knowledge increases competent behavior, which is important for personal safety.

Understanding the meaning behind certain behaviors may drastically affect your experiences with host nationals. Such things as clothing styles, make-up, cologne and eye contact may send unintended messages in another culture, and put you in uncomfortable or dangerous situations.

Talk to former IP participants, using the IP Facebook pages. Knowledge increases culturally appropriate behavior.

## Privacy of Student Information

Section 7(b) of Federal Public Law 93-579, popularly referred to as the Privacy Act of 1974, became effective January 1, 1975. This section of the statute requires that any federal, state or local government agency which requests an individual to disclose his social security account number shall inform that individual whether that disclosure is mandatory or voluntary, by what statutory or other authority such number is elicited, and what uses will be made of it.

The application for admission to The California State University International Programs requires each applicant to provide his or her social security number. Authority for this requirement is found in Section 41201 of Title 5 of the California Code of Regulations, and Section 6109 of the Internal Revenue Code.

The student's social security number is included in all student records which may include application files, registration records and certification documents, academic records, financial aid and transaction records, and transportation and insurance documents. Also, the Internal Revenue Ser-

vice requires the University to file information returns that include the student's social security number and other information such as the amount paid for qualified tuition, related expenses, and interest on educational loans. That information is used to help determine whether a student, or a person claiming a student as a dependent, may take a credit or deduction to reduce federal income taxes. It is IP policy to protect the personal information of participating students from unnecessary or inappropriate disclosure. Personally identifiable records are not shared or distributed to private individuals or agencies unless such sharing or distribution is authorized by the student or unless otherwise provided for in law. In circumstances where the safety or well-being of participants may be involved, information derived from official files, reports or records relating to participants individually or collectively may be utilized as deemed appropriate by the Director of International Programs for official purposes. Such information may be disclosed pursuant to host country law or regulation whether or not such disclosure is consistent with the laws or regulations of the US or the State of California.

## **Nondiscrimination Policy**

The CSU International Programs welcomes diversity in its student body and seeks to include all who share its values of improved intercultural communication and international understanding. No person shall on the basis of race, color, sex, disability or national origin be excluded from participation in, be denied the benefits of, or be otherwise subjected to unlawful discrimination under the International Programs.

# Preparing For Your Year

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## Ready to Go?

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Have you planned for everything? What will you do if you slip and break your wrist? What will you do if your wallet or passport is stolen in a country where you don't speak the language? Do you know how to dial "911" in the country you are going to? The U.S. Department of State has provided the following resource for you. Read it before you go: <http://www.studentsabroad.state.gov/>

## Consular Information

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The U.S. Department of State provides information about every country in the world. You can find information about a wide variety of issues, such as: the location of the U.S. Embassy; whether you need a visa to enter; crime and security information; drug penalties; as well as medical facilities and health information. To find information about your country, go to [http://travel.state.gov/travel/cis\\_pa\\_tw/cis/cis\\_4965.html](http://travel.state.gov/travel/cis_pa_tw/cis/cis_4965.html).

## Visa

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**You are required to have a student visa before traveling to Japan.**

A visa is an endorsement or stamp placed in your passport by a foreign government that permits you to visit that country for a specific purpose and for a limited time. In most instances, you must obtain necessary visas before you leave the United States.

The immigration process for students wishing to study in Japan is long and complex. You must submit all required documents to OIP, OIP will then forward everything to Japan.

Once approved to enter Japan as a student, the Certificate of Eligibility is issued. Normally, the Certificate of Eligibility is issued at the end of July. Therefore, please do not finalize your travel plans before the first week in August.

As soon as OIP receives the Certificate of Eligibility from Japan, we will send it to you so that you can obtain a student visa from the nearest Japanese Consulate. **Note:** Do not enter Japan on a tourist visa.

When you go to the Japanese Consulate, you will need to present several items to obtain your student visa for Japan:

1. Valid passport;
2. Certificate of Eligibility (plus one photocopy);
3. One passport-size photograph;
4. A completed visa application form (available on consulate's website)
5. For Non-U.S. citizens: Proof of legal status in the U.S. (e.g., copy of green card; copy of student visa, and I-20)
6. There is no visa fee for U.S. citizens. Citizens of other countries may be required to pay a fee. Call the consulate for details.

We strongly recommend that you check the consulates' websites for any updates regarding the visa application process.

### Japanese Consulate in Los Angeles

350 South Grand Avenue, Suite 1700  
Los Angeles, CA 90071  
Tel: (213) 617-6700  
Fax: (213) 617-6727  
[www.la.us.emb-japan.go.jp](http://www.la.us.emb-japan.go.jp)

### Japanese Consulate in San Francisco

50 Fremont Street, Suite 2300  
San Francisco, CA 94105  
Tel: (415) 777-3533  
Fax: (415) 974-3660  
[www.cgjsf.org/](http://www.cgjsf.org/)

## The Visa Application Process: Your Responsibility

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A visa or a residence permit (as it is called in some countries) provides permission for you to remain in a country for a period of time. It is an acknowledgement by a foreign government that they trust you. The government official who issues you a visa or residence permit is giving permission to enter his or her country for the purpose indicated on your visa/residence permit application and with the understanding that you intend to leave on the date stated on your application. You should value the receipt of visa approval and honor their decision by showing respect to the country where you have been given permission to live for the academic year.

In recent years applying for and obtaining a visa has become increasingly complex. The United States and many other countries around the world have strengthened their

requirements, increased the scrutiny they give all applications, and as a consequence lengthened the processing time. If a visa is required for your country, you must go through the process.

The Office of International Programs (OIP) does not set the rules or control the visa or residence permit application process. This is a request made by you to a foreign government. OIP and the California State University cannot act on your behalf or intervene.

The visa/residence permit application process is entirely your responsibility. In nearly all cases, CSU students participating in the International Programs are issued visas/residence permits. In some cases there may be delays, and in very rare cases, students have been denied visas.

**NOTE:** You may feel that you have followed all of the instructions, submitted your visa application and documentation beautifully, early and in duplicate. However, **no one has the right to be issued a visa and you will have to respond to whatever additional requests the consulate may make.**

## Non-U.S. Citizens

If you are not a citizen of the United States, special travel restrictions and/or requirements may affect you.

1. Inform OIP of your citizenship status not later than **May 1**. If you are a permanent resident, you must send OIP a copy of your alien registration card (green card).
2. Contact the consulate of your host country to find out about special visa fees or requirements.
3. Before you can apply for a visa or residence permit, you need a passport (or travel document) that is **valid six months beyond your stay abroad**.
4. If you are a permanent resident of the U.S. or visiting the U.S. on a student visa, you must consult the U.S. Citizenship and Immigration Service (USCIS) about the documents you require for reentry to the U.S.

Keep OIP informed of your progress in dealing with these issues. It is your responsibility to determine and comply with all USCIS and host country requirements necessary to study overseas.

## Transportation

### Group Flight

All students are advised to participate in the group flight arranged by OIP.

#### Frosch Student Travel Group Flight Information:

[www.froschstudenttravel.com](http://www.froschstudenttravel.com)

1-800-467-5032

Click "Group Travel," upper right hand corner.

Group ID: **csip** (all lowercase). Click on your study center.

Students who participate in the group flight will be met by the program assistant at the airport and transported to the

hotel where you will all stay for orientation.

**You will be dealing directly with the travel agency to make your reservations and payments for the group flight.** When making a reservation on the group flight you choose your return date. Your ticket will be issued for the date you request to return home. If you decide to change that date after purchasing the ticket, you will be required to pay a fee. Plan ahead. If you have budgeted to travel around after your year abroad, book your return flight accordingly to avoid having to pay an extra fee.

### Independent Travel

1. If you decide to travel abroad independently, you will be required to arrange your own ground transportation upon arrival. (What time will you be arriving? Do you speak the language? Will you take a taxi? Where will you have the taxi take you?)
2. If you arrive before the group, you will be responsible for finding and paying for your own lodging and meals before the program starts. The group housing is not available until the program starts.
3. Follow the reporting instructions about exactly when and where to arrive. You must arrive on time. OIP will not approve late arrivals. You should plan on arriving on or before the group arrival date.
4. Most visa regulations require that you show proof of round-trip transportation when you apply for your student visa. Your visa may not be approved if you only purchase a one-way ticket or have a "stand-by" reservation. You will need to purchase a round-trip ticket.
5. Do not plan to leave prior to the program start date as visa processing may make it impossible to travel abroad early.
6. In the event that there is a change to the start date of the program, it will be your responsibility to make modifications to your transportation plans to accommodate such changes. OIP is not responsible for any non-recoverable transportation charges you may incur for independent travel arrangements.

OIP strongly advises students to purchase round-trip tickets. This is extremely important for immigration purposes, and may also be required by your host country in order to receive the required student visa before departure. Students with one-way tickets have been denied by airlines to check in for their departing flights at the airport.

Airlines do not make reservations with a return date of more than 10 to 12 months out. OIP advises that you purchase a "changeable" ticket so that you can change the return date once you are abroad and have a better idea of exactly when you want to return. Oftentimes, you can still save money, even if you purchase a round-trip ticket that is not changeable, and pay the fee to change the return date later in the year.

We understand that cost is important, and so you should shop around to compare prices. Past IP participants have used **Frosch Student Travel** and have always received superior customer service. You can reach them at: [12 International Programs Participant Guide 2014-2015 Tokyo, Japan](http://www.froschstu-</a></p></div><div data-bbox=)

denttravel.com or 1-800-467-5032.

Air travel involves risks and could result in damage to property, injury to persons and death. Please be informed that the California State University assumes no liability for damage, injury and death which may occur during air travel required by the California State University-affiliated programs. Your participation in the program is voluntary, and you participate at your own risk.

Please complete the Flight Information form and return it to OIP by **August 1** or no later than three weeks before your departure.

Prior to departure you must sign an agreement, as well as a release from liability (refer to your Online Form Packet).

## Photographs

### Photograph for OIP Long Beach

Send one photo to OIP by **May 1** for official use.

- Must be an official passport photograph.
- Print your name and country on the back of photo.

### Photographs for Your Use

- Two photos will be needed for registration at Waseda after arrival in Japan.

#### The photos must meet these requirements:

- 2" x 2" recent identical high-resolution color or black and white photographs.
- Full face view with only your head and shoulders at the center of the photo.
- Taken on a white background and printed on photo paper.
- Photocopies, scanned or digitally altered photographs **will not be accepted.**

The most convenient way to get acceptable photos is to obtain them at a passport photo service like AAA, Costco, Walgreens and CVS.

## International Student Identity Card (ISIC)

OIP recommends that you purchase the ISIC, a card internationally recognized as proof of student status. The card provides cardholders with discounts and travel benefits around the world.

The ISIC also provides basic health and accident insurance while you are traveling abroad, which will supplement the mandatory IP health insurance. Cardholders also have access to a toll-free Traveler's Assistance Hotline for assistance in medical, legal and financial emergencies.

If you are interested in obtaining the ISIC, you must purchase it on your own. You may purchase the ISIC online: [myISIC.com](http://myISIC.com).

## Packing Tips

In general, you will find that what students wear in Califor-

nia is acceptable overseas, taking into account the local climate. Information about the climate of your host country is easily found online. Comfort is a priority.

- A good pair of walking shoes is a necessity.
- Pack clothing that requires little care since you may not have easy access to laundry facilities.
- Specialty items (skis, bicycles), can be rented or purchased secondhand overseas.

**It may be difficult to imagine what to pack for a whole year, you will be happy if you can stick to this rule: Pack enough for a seven day trip, and you'll be just fine. You don't need as much as you think you do.**

Keep these things in mind as you pack:

- You, and you alone, must be able to pick up and carry all of your luggage by yourself.
- Airlines charge for baggage. Inform yourself of your airline's baggage allowances.
- You may have very little storage space abroad.
- A backpack is a useful piece of luggage for short weekend trips.
- Toiletries: You will find that you can survive the academic year using what is available abroad. However, if you have specific toiletries that you must have, pack enough for the year.

Take one carry-on bag on the flight in case your luggage is lost in transit. Pack everything you might need for a couple of days in your carry-on bag, including toiletries and one or two changes of clothes.

OIP has a Facebook page for every IP group. This will give you an opportunity to interact with previous IP participants and ask them more specific questions about what to pack.

For additional information and checklists, visit <http://studentsabroad.state.gov/togo.php>.

## Electrical Appliances

The United States operates on 110 volts AC (alternating current) at 60 cycles. Most of the rest of the world operates on 220 volts AC (although Japan operates on 100 volts at 50 cycles). This means that, when you plug an American appliance into a foreign 220 volt outlet, the result is a damaged appliance. In order to use your electrical appliances in most foreign countries, you will need to use converters and adapters.

Converters, which plug into the wall outlet, convert 220 volts foreign current into 110 volts American current by cutting in half the number of volts flowing to your appliance. There are two-types of converters: lightweight (up to 50 watts) for low wattage equipment like radios, calculators and electric razors; and heavy duty (from 50 to 1600 watts)

for high wattage appliances such as hair dryers and irons. This explains why the converter outlet in your foreign hotel room is marked “for electric shavers only.”

**World Electric Guide:**  
[www.kropla.com/electric2.htm](http://www.kropla.com/electric2.htm).

Adapters, on the other hand, are simply a means of changing the shape of the prongs which go into the wall outlet. They do **not** convert voltage. There may be three prongs instead of two (the third is a ground) and the prongs may take a number of different shapes, sometimes even within the same country. If you are going to travel in a number of countries, you will want to have a number of different adapters.

# The Tokyo Program

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Each year, approximately 25 CSU students participate in the IP program at the School of International Liberal Studies (SILS) at Waseda University in Tokyo. The SILS is designed to provide international students and Japanese students the opportunity to study together. You will join other international students from around the world and study alongside Japanese Waseda students. Course offerings include Japanese language, Communication, Culture, Economy and Business, History, International Relations, Life and Environment, Matter and Information, Mind and Body, Peace and Human Rights, and Philosophy and Religion.

You will be assisted by a program associate based in Tokyo. As an International Programs staff person, she will be available to get you settled, to provide guidance on registration and matriculation, and to assist you with any adjustments or problems during your stay.

Specific requirements and information for Japan participants are in this section, so please read it carefully and comply with deadlines.

## Arrival

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The Office of International Programs has arranged an affordable group flight for the IP students going to Japan, **and you are expected to participate in this group flight**. Students on the group flight will be met at the airport by the CSU program associate and transported by chartered bus to the Hotel Sunroute Takadanobaba, where IP participants stay for the first three nights.

Hotel Sunroute Takadanobaba  
1-27-7 Takadano-baba  
Shinjuku-ku, Tokyo  
Phone: (03) 3232-0101

See "Transportation" in the previous chapter. You are responsible for contacting Frosch Student Travel to purchase your own ticket. Frosch Student Travel: (800) 467-5032. [www.froschstudenttravel.com](http://www.froschstudenttravel.com).

We do not recommend that you fly independently to Japan. You **will not be met** at the airport, but rather expected to arrange and pay for your own transportation from the airport to the Hotel Sunroute Takadanobaba, which can be quite costly and may take between one and four hours, depending on which airport you fly into and what time of day you arrive. You are expected to arrive before or at the same time as the group. **Late arrival is not acceptable.**

## Independent Arrival

All students are strongly advised to participate in the group flight arranged by OIP. See "Transportation" in the previous chapter for information. We know some will make other travel arrangements, and so we ask that you please follow these program recommendations:

The group flight lands at 5:00 a.m. on September 10. If you will be at the Haneda Airport at that time, you can take the chartered bus, along with the other CSU students, to the Hotel Sunroute Takadanobaba: [http://www.sunroute.jp/english/hotelinfo/tokyo\\_kanagawa/takadanobaba/index.html](http://www.sunroute.jp/english/hotelinfo/tokyo_kanagawa/takadanobaba/index.html)

If you are not on the group flight, you will be responsible for any additional nights in the hotel. Orientation will start on the morning of the 10th when the others arrive, and **your attendance is mandatory. All independent travelers who arrive on September 9 must pay for an extra night at the Hotel Sunroute Takadanobaba and meet the group in the morning for orientation.**

When you arrive in Tokyo, call your program assistant to let her know you have arrived and leave a number where you can be contacted. If you come early, you must be able to take care of yourself until September 10th.

## Telephone Numbers:

CSU Office:	(03)5286-2952
Takako Kazaoka (Program Associate):	(090)7708-4067
Hotel Sunroute:	(03)3232-0101

## How to Get to the Sunroute Takadanobaba Hotel:

If you are arriving at **Haneda Airport** independently, you can take Keihin Kyuko line from the airport to JR Shinagawa station (about 30 minutes), then change to Yamanote line to go to Takadanobaba (about 20 minutes). The Hotel Sunroute Takadanobaba is located right in front of the JR Takadanobaba station.

If you are arriving at **Narita Airport**, it is about forty miles from Tokyo and there are a few public transportation alternatives which take about 1.5 to 2 hours to get into the center of Tokyo.

The easiest way is take an **Airport Limousine Bus** to the major hotels in Shinjuku area (such as Keio Plaza Hotel, or Century Hyatt Hotel) and take a taxi from these hotels to Takadanobaba. The Airport Limousine Bus fare is 3,000 yen

per person and the taxi fare from Shinjuku area to Takadanobaba is about 1,000 yen.

If you don't have too much luggage, you could take the following trains from Narita Airport:

**JR Narita Express Train:** JR Narita Express trains run directly to and from the airport terminal and Shinjuku station every half-an-hour and the train fare is about 3,100 yen, takes about 45 minutes. From Shinjuku station, you could take a JR Yamanote Line to Takadanobaba station.

**The Keisei Skyliner Express Train:** This is the cheapest way from Narita Airport to Ueno Station. Trains leave every 40 minutes and take about one hour to get to Ueno station. From Ueno station, you could take a Yamanote Line to Takadanobaba (about 40 minutes).

**Again, these are not recommended if you have many heavy luggage (especially during the rush hours) as you need to go up and down many stairs at each station.**

Please check on the web for more detailed train information: <http://transit.yahoo.co.jp>

## Orientation

Students spend two nights at the Hotel Sunroute Takadanobaba and participate in a four-day orientation program.

**There are no exceptions to this.** IP students will have dinner together on the first and second nights. During these meals, the orientation schedule will be outlined and staff and students will have a chance to get to know one another better.

The four-day orientation includes a welcome party and a walking tour of Waseda University. Waseda students and past IP participants, when available, help the new students become familiar with the Waseda campus and the Takadanobaba area. Students will be assisted in getting their transportation passes (*teiki*), necessary for travel to and from campus. The Program Associate will also provide students with general information about living in Japan, transportation, banking and other matters of importance.

Students are required to take J-CAT test for the language placement during August before they arrive in Japan. Detailed information will be sent by Waseda with your Certificate of Eligibility.

## Registering For Classes

**WARNING:** It is your responsibility to remove all CSU home campus "holds" on your records before you go abroad. A "hold" on your records will prevent you from registering for classes. This includes holds from the Library, Records Office, Financial Aid Office, your own academic department and any other campus office. Clearing holds is your responsibility and will prevent problems in the future.

Follow the unit values and courseload regulations that are shown in the IP Bulletin. You should refer to it while completing the Academic Advisement form with your home

campus advisor. You and your advisor will need to decide which courses, as well as a few possible alternatives, can be used to satisfy home campus degree requirements.

After arrival, SILS will provide students with a list of course offerings for the fall term with course descriptions and syllabi. The course list will also be available online a few weeks before the registration period. See [www.waseda.jp/cjl/regist2.html](http://www.waseda.jp/cjl/regist2.html) for the Japanese course list and/or [www.waseda.jp/sils/en/student/subject.html](http://www.waseda.jp/sils/en/student/subject.html) for the SILS course list. Students then register for classes. At the end of fall term, students are given the same information regarding the spring term. SILS and the CSU staff will be available to assist the students in selecting courses and completing the registration process.

## Housing

There are a limited number of places for students to live with Japanese host families, so most participants will live in either Waseda University dormitories or private dormitories around Tokyo. Housing in Tokyo is extremely expensive as well as limited. As a result, IP participants are not given the option of finding their own housing. There are only rare exceptions to this; for example, when students have relatives living in Tokyo. In such an event, participants must inform OIP in writing by **May 1**.

**All students, regardless of their housing placement, are required to stay with the group in the temporary hotel accommodations upon arrival and during the on-site orientation program.** In addition, we ask that you complete the Housing Questionnaire found in the Online Form Packet with thoughtful and honest answers to assist us in making your housing placement.

Regardless of the type of housing you end up with, you will find that you will have a long commute (one hour or more) to and from school. This may seem difficult at first, but is part of the Japanese way of life, especially in Tokyo, and you will need to adapt.

### Dormitory

Living in a Japanese dormitory will require cultural adjustment as Japanese dorms are different from dorms in California. You may have curfews and you will have some strict rules to learn and follow depending on the dormitory you live in. While you will probably have more independence than what you would have if you lived with a Japanese host family, you must remember that Japanese culture requires that you make the "group" (the other residents and the dormitory administrators) your priority. Therefore, you must remember that your behavior reflects on the "group" and thus you are expected to behave honorably and follow the dormitory rules. IP students have lived in different dormitories throughout Tokyo and have had very positive experiences.

**Hoshien Dormitory:** This dorm is within a five minute walk to the Waseda University campus. Very few rooms are available each year, if any, for CSU students. Here is a brief description written by a former student:

Rent and utilities are approximately 77,000 yen. The Hoshien Dorm is located VERY close to Waseda University. There are



lots of students from other countries and you'll find most floor mates are very friendly. There are some strict rules at Hoshien Dorm. For example, all students must be quiet after 11pm. In addition, you cannot have friends over, and you can never have friends sleep over.

Meals not provided, so budget at least 20,000 yen per month for meals. Kitchen facilities are pretty good, and necessities, such as pots and pans, are provided.

Items already furnished in your room include a bed, desk, book shelf, toilet, fridge and dresser. The bathroom in the room includes only the toilet and the sink. Showers are communally shared in the hallway.

"I really enjoyed living in my dorm. The location and atmosphere is very nice. The freedom is probably the best out of all the options. If I were given a chance to choose again I'd definitely choose Hoshien again."

**Wakejuku Dormitory:** All male dorm within a 10 minute walk to Waseda University. The Wakejuku dormitory houses 450 male students who attend over 40 different universities in Tokyo. Space is limited and usually only three to six CSU students are housed at the Wakejuku Dormitory each year, depending on availability. All rooms are singles and costs are comparable to the IP program arranged housing (homestay) or slightly higher, plus utilities and futon rental/bedding service, which most participants highly recommend. Lodging includes breakfast and dinner. Students will need to buy their own lunch. The Wakejuku Dorm organizes several social events throughout the year, including many sporting competitions. You may read more about the Wakejuku Dorm online at: [www.wakei.org](http://www.wakei.org).

**Homestay:** Living with a host family requires a willingness to adapt to the cultural and familial rules of the house. Only a limited number of spaces are available to live with Japanese families. As a student living with a Japanese family, you will be treated as a member of the family and you will be expected to act like one. This usually includes communicating with the family about your daily activities, informing them when you plan to leave, and when you plan to return at night. Late nights can cause your family to worry and can become a source of tension. Keeping an open line of communication with your host family can help you avoid any conflict with the family.

The living expenses paid to the host family each month cover room and board, electricity, gas, water, and cable. The estimated cost for housing is the same, whether you stay in the dormitory or in the home stay. What will be different is when and how you make the payment for housing. Students placed in homestays will pay OIP for their housing and some meals (and public transportation) as part of their prepaid costs, as opposed to dormitory students who will pay for housing as part of their out-of-pocket expenses (see Program Cost Estimate at the end of this guide).

The family provides two meals a day to the student. Students are encouraged to eat meals with the host family and eat the same food as the other members of the family. If you have dietary restrictions due to health or religious reasons you will not be placed with a host family. Students

are expected to notify the family in advance if they are not going to be home for a meal. Students are encouraged to participate in the life of the family by doing chores and socializing with the family members. They are expected to take care of their own laundry and clean their own room. The student will be provided with a key. The student may not invite friends and acquaintances or let them stay overnight without the host family's approval. Ask the family lots of questions during your first few weeks in their home to make sure you are doing things right. Don't assume anything.

Students who withdraw from program-arranged housing due to personal preference or who are evicted as a result of unacceptable behavior will be subject to a severe penalty (two months' rent for leaving a homestay; one month's rent for leaving a dormitory.)

In Japan, gift giving is extremely important. You will want to bring a gift for your host family. It is not necessary to spend a lot of money on the gift, but it is very important to make this gesture and to give your host family a gift when you arrive.

### International Student Apartments

There are a limited number of rooms available in the apartments known as the "Sakura House" where some participants have chosen to live. Rent ranges from approximately US\$750.00 to US\$800.00 for single occupancy or US\$525.00 to US\$600.00 shared occupancy. Apartments are designed for visiting international students and therefore come fully furnished. There are many "Sakura House" apartment buildings around Tokyo. Please see their website for more information: [www.sakura-house.com/](http://www.sakura-house.com/)

### Exceptions to OIP Arranged Housing

There are some apartments that rent to students on a month-to-month basis. While OIP does not recommend that you commit to any sort of housing contract through the internet, these apartments can be found on the internet and arranged directly. The cost tends to be somewhat higher than the program-arranged housing and OIP can take no responsibility for these arrangements. Students who can secure their own housing with a Japanese family or with Japanese friends should write a letter identifying the family, address and telephone number and send it to OIP by **May 1**. OIP will consult our staff in Tokyo to ensure the arrangements are feasible and after review, a revised Program Cost sheet will be sent to you.

### Special Events/Planned Activities

The CSU program associate plans several trips, special events and dinners throughout the course of the year. These activities usually include: a monthly dinner in Tokyo at a location that varies from month to month; day trips to places of interest near Tokyo, such as Nikko, an educational program, such as an introduction to Kabuki; and a dinner cruise in Tokyo Bay at the end of the year. A five day trip to Okinawa in February and a four day trip to Hiroshima/Nara/Kyoto in March are highlights of our group activities. ICC and student clubs also organize activities and other travel

opportunities throughout the academic year and during breaks, such as ski trips. Students are also free to make their own travel plans at this time.

## Computer/Internet Access

During orientation, you will be provided with an introduction to the SILS computer lab facilities. You will be provided with an Internet access code and an e-mail account.

Students have free computer access 24 hours a day at SILS, but there is always a long wait to get onto a computer during exam periods. There are also many cyber cafes in Tokyo where the average fee is 300 yen per hour.

If you have a laptop we recommend that you take it with you for convenience sake.

## Telephones

We recommend that you purchase a cellular phone (*keitai*) in Japan as this helps prevent problems over telephone use with the host family and affords you some privacy while talking on the phone. The initial charge for buying a cell phone with wi fi is about 10,000 yen (U.S.\$100). The average monthly charge for a mobile phone is 6,000 yen (U.S.\$60), depending on which phone you choose and the number of minutes you use each month. For this price you will probably get 30 minutes of basic use. After the basic use time is up, and depending on your plan, you pay additional money for extra minutes. All cell phones now have e-mail capacity and quite a number of other features.

## Money Matters & Banking

**You should have enough money in a bank account to cover your first three months worth of expenses.**

Students are advised to open a bank account in Tokyo. Students usually open a regular savings account. It is wise to choose a bank that also has a branch near Waseda or the Takadanobaba station. There will be no charge to open or maintain the account. Since not many places take personal checks, checking accounts are of no use in Tokyo. The IP program assistant will go over this in more detail at orientation in Japan, and your host family can assist you as well.

A U.S. Citibank checking account allows withdrawals of up to 100,000 yen (U.S.\$1,300) a day (with Friday, Saturday, and Sunday, U.S. time, counting as one day) from Citibank's 24 hour ATMs at several locations in Tokyo. This may be the best way to obtain yen, since there is no exchange fee. Convenience stores will charge a very small fee for using your Citibank card. With checking accounts at Wells Fargo, Bank of America, Citibank, and some other major U.S. banks and credit unions, you can withdraw up to the set maximum per day, depending on your bank, with your ATM card ("cast card") at Japanese post office ATMs ("Yucho") all over Japan. (Check with your bank before your departure.) An English version of the instructions makes the process easy and con-

venient. However, you cannot make deposits or obtain account balances through the post office. You can check your balance online.

Some department stores, convenience stores, and hotels also provide ATM access, nationwide, but not every ATM accepts American credit cards.

Credit cards are accepted at many places, including Santoku supermarket on Waseda-Dori, Don Quixote, and 100 yen shops. Many credit card companies charge up to 3% of foreign transaction fee, but Capital One charges no annual fee or foreign transaction fee and gives 1% or more reward for all purchases. Go to [www.chase.com](http://www.chase.com) and click on "credit cards."

### Currency Exchange Rates:

[www.oanda.com/converter/classic](http://www.oanda.com/converter/classic)

## Ward Wallach Memorial International Scholarship

Dr. Kit Machado, former Resident Director in Japan, established this scholarship in memory of Ward Wallach, a former IP student who died in an airplane crash in 1985. This scholarship is available to IP students selected for Japan. The award amount is U.S.\$500 per year.

Students accepted to study in Japan on the IP program will automatically be considered for this scholarship. Selection will be based on financial need and a commitment to the study of the Japanese language and civilization as demonstrated in the student's IP application, as well as the student's participation in all aspects of the IP program abroad.

The award will be made mid-year. No additional application materials are necessary.

## Books on Japan

Recommended by: Akiko Hirota, Ph.D.

### California State University, Northridge

**Van Wolferen, Karel. *The Enigma of Japanese Power: People and Politics in a Stateless Nation*.** New York: Vintage Books, A division of Random House, 1989.

A controversial work by a Dutch journalist and a longtime resident of Japan with an amazing insight into the workings of Japan. Van Wolferen claims that Japan is run by the career bureaucrats and the housebroken media who have no accountability, and that neither politicians nor citizens have much power. In 1994, he published a book for the Japanese public, translated into Japanese by a trusted scholar, under the title *Ningen o Shiawase ni shinai sistem* (The System that Does Not Make Human Beings Happy) with a hope of mobilizing the Japanese mass to rise and change the fundamental system of the nation. While this latter book is not available in English, his understanding of the Japanese power structure is abundantly spelled out in *The Enigma*.

**Hane, Mikiso. *Modern Japan: A Historical Survey*.** Boulder, CO: Westview Press. 1992.

A concise overview of the pre-modern Japan (83pp.) followed by an even-handed survey of political, economic, and social history of the modern time (1868-1989). Rich in detail, and includes often neglected subjects such as women, peasants, Koreans, among others.

**Varley, H. Paul.** *Japanese Culture*. Honolulu: University of Hawaii Press. 1984.

A great overview of the cultural life in Japan from the beginning to the present, this book covers periodization, literary works, art, architecture, theater, aesthetic terms, religions, etc. Such knowledge is essential in understanding the cultural and historical background as well as the sensitivity of the modern Japanese.

**Iwao, Sumiko.** *The Japanese Woman: Traditional Image and Changing Reality*. New York: The Free Press. 1993.

Iwao traces the radical changes that have occurred in women's social position, their life patterns and their views in recent years. She shows that women's new perceptions on work, marriage, and child bearing are gradually but surely forcing changes in men's behavior and the policies of the government and corporations. Iwao has coined the term "Quiet Revolution" to describe the movement. Iwao's insights will provide you with a tool to dissect and understand the traditional Japanese family and society and new trends and societal concerns.

**Ma, Karen.** *The Modern Madam Butterfly: Fantasy in Japanese Cross Cultural Relationships*. Rutland, VT: Charles E. Tuttle. 1996

Using statistical data, scholarly investigations, and personal interviews, Ma unravels the fascinations and misunderstandings in cross cultural relationships. Her investigation of various experiences, successes and failures of relationships give the reader much material to ponder before she/he becomes trapped in unworkable relationships and to aspire to emulate a very few, but inspiring examples of relationships.

**Mishima, Yukio.** *he Temple of the Golden Pavilion*. Trans. Ivan Morris. Putnum, 1985. You may want to read this novel that skillfully delineates a neurotic personality, based on the actual life and psychological trauma of a Buddhist acolyte who loved and burnt the golden Pavilion in 1950. The present temple was rebuilt in 1995.

**Kawabata, Yasunari.** *Yukiguni (Snow Country)*. Berkeley, CA: Berkeley Publishing Co. 1956 Winner of the Nobel Prize for Literature, 1968.

**Oe, Kenzaburo.** *Kojineteki na taiken (A Personal Matter)*. NY: Grove Press, 1969. Winner of the Nobel Prize for Literature, 1994.

You may wish to read these two novels because of their status as the Nobel Prize winners. *Snow Country* is noted for its evocative style and striking images characteristic of the traditional Japanese literature and Komako is regarded a one of the most memorable heroines. *A Personal Matter* is heralded for its realism in depicting the contradictions within the human heart.

## Vacation Travel

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Students are advised not to travel alone. It is always better to travel with a companion. In addition, all IP students are required to inform the international office at the host university of their travel plans whenever they leave town.

SILS at Waseda University will have some travel suggestions for students during vacation. Students wishing to travel on their own are free to do so at their own expense. Students are cautioned to be sure to carry their foreigner's registration card with them when they travel and to acquire re-entry permits when traveling abroad. There are numerous travel agencies that can assist students who wish to travel outside of Japan. However, we encourage students to use vacation opportunities to travel to other parts of Japan. If you plan to travel outside of Japan, be sure to obtain a multiple entry visa when you apply for a visa before leaving the U.S.

Please note that during the semester break, the CSU plans an Okinawa trip and a Kansai trip as well as various field trips.

## Mailing Address in Japan

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After you move into your permanent housing in Japan, please inform your friends and family of your address. You cannot receive mail at the IP office at Waseda University.

If you must contact friends and family upon arrival, you will be able to access the internet at the hotel.

## Health Care Facilities

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Japan has national health insurance that you are required to purchase as an international student at Waseda University. Under this plan you are eligible for the same coverage as the Japanese. If you become ill on campus, staff will accompany you to the campus clinic. If you need to see a doctor, your host family will help you locate a general practitioner in your area. While medical care in Japan is good, students should understand that English-speaking physicians and medical facilities that cater to Americans' expectations are expensive and not very widespread. If necessary, you can call upon the program associate to help you file the medical claim and arrange for payment.

Your CSU student health insurance policy includes emergency travel assistance coverage administered by **Europ Assistance USA**. This is a supplemental part of your health insurance policy valid around the world and can assist you if you should need emergency medical care or travel assistance while traveling abroad, 24 hours a day, 365 days a year. To access this benefit, you must contact Europ Assistance and let them make all arrangements for any services that you need. Some of the services provided are listed in the insurance brochure.

Upon request, pre-trip counseling for any countries you will be traveling to can be provided by Europ Assistance. They can also answer questions you may have about your prescription medications before departure or help you replace a prescription while traveling.

For further information on the services provided by Europ Assistance, please see the brochure, or contact them at: (202) 659-7803 (call collect). You may also contact Stacey Weeks at Alliant Insurance Services at (415) 403-1448 or [sweeks@alliant.com](mailto:sweeks@alliant.com).

For information about the mandatory CSU health insurance policy, please see "Health Insurance" in the Health & Safety Abroad chapter of this Participant Guide.

## **Work**

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It is **very difficult** to find employment, even for teaching English. You should not expect to find a job while studying in Japan.

Even so, students are eligible to apply for the *Application for Activities Not Permitted under the Foreign Resident Status* upon their arrival at airport immigration. This permit allows foreigners to work up to 28 hours per week. If you fail to apply when you enter Japan, the Center for International Education (CIE) will have application forms. If any student is found to be working without this permit, he/she will be ordered to leave Japan immediately. The CIE allows its international students to have part-time jobs so long as they do not interfere with their studies, as academic work must be their primary focus. In general, students are not allowed to work during class hours or to have jobs that may not be proper for university students.

## **Registering at the U.S. Embassy**

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After the students have completed all their registration and settled in with their host families, the program associate will send a list of all of the students' names, addresses and telephone numbers to the United States Embassy to register them there.

U.S. Embassy in Tokyo:  
1-10-5 Akasaka Minato-Ku  
Tokyo Japan 107-8420  
Tel: (03) 3224-5000  
Fax: (03) 3505-1862  
[www.usembassy.gov](http://www.usembassy.gov)

## **Emergency Number**

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If you are in immediate danger, call the police at 110.

# Academic Arrangements

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## Introduction

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This section contains important academic policies and other academic information pertaining to your participation in the International Programs (IP). As a participant, it is your responsibility to read and adhere to the academic policies and procedures provided in the following pages. These policies and procedures will be enforced by the Office of International Programs (OIP).

For specific academic information related to your study center, refer to the IP Bulletin which is the International Programs “catalog.”

## Academic Planning

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Before departure, the OIP requires that with the help of your academic advisor(s), you formally plan which courses you will take and complete the **Academic Advisement form** in addition to other campus-based forms that you may be required to complete. Once completed, the Academic Advisement form provides you with a listing of courses still required for your major, minor and general education requirements. It also gives you an indication of what courses you should take abroad and provides you with a clear idea of how these courses will be applied to your degree requirements.

If you will be studying abroad in a field other than your major, you may want to consider declaring a second major or a minor in that field, where available.

Once abroad you will experience greater difficulty trying to take care of academic formalities at your home campus, so you should handle certain matters before you go. Examples are:

- taking—and passing—all English and mathematics proficiency exams required by your campus;
- changing or adding a major or minor;
- filing a petition for course substitutions or waivers;
- clearing up any incomplete coursework.

**Graduating seniors:** It takes time to process grade reports from abroad. Keep in mind that it is often not possible to graduate in the same semester in which you concluded your study abroad experience. If you are a graduating se-

nior, take this into consideration when submitting your application to graduate since degrees are not posted until all courses taken abroad are reported to your home campus.

## Availability of Courses

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Student access to academic opportunities increases as their academic preparation for the particular host institution environment improves. Limitations can derive from one’s level of language fluency and literacy (in non-English speaking countries) and specific preparation in the major. It is important that IP participants develop a realistic view of what they can actually accomplish in their year overseas and set realistic goals. Students studying in non-English speaking countries should not overestimate their facility in the host country language and should understand that some limits on choice of coursework are to be expected. As is the case with any CSU campus, not all of the courses are offered every semester so students should not enter the overseas academic experience with rigid and narrowly defined course requirements.

For example, courses related to US history and institutions and California State and local governments, as well as science courses with labs may not exist or may not be open to visiting international students. If you have yet to complete required courses such as these, experience shows that you will probably not be able to take them abroad.

**Graduating seniors and graduate students:** Students whose graduation depends on specific courses should plan carefully and note that course availability abroad is not guaranteed. You must be open to the idea of returning to your home campus for additional terms following your participation in IP. The rewards gained by studying abroad tremendously outweigh the disadvantages of a delayed graduation. Future employers will not evaluate negatively for needing an extra one or two terms to graduate if it means that you will have successfully added an international experience to your resume, learned another language and proven your ability to adapt to another culture. To the contrary, these accomplishments will be admired. You should not miss out on the opportunity of a lifetime, even if it means that you might have to delay your graduation by a term or two.

Students pursuing credentials or second baccalaureate de-

degrees are admitted as post-baccalaureates, but academically they are treated as undergraduate students.

**Graduate students:** Graduate students are eligible for participation at most of the study centers operated by the IP. Applicants just beginning graduate work should be aware however, that studying abroad at this point in their academic career removes them from the home campus department and advisor at a critical juncture in their studies. It is essential that graduate students considering application for the IP obtain from both their graduate department and dean of graduate studies on the home campus advance information on how work accomplished within the IP can be applied to their degree program. At a later point, this also requires that both the department chair and the dean of graduate studies sign the Academic Advisement form. Graduate students may find that only six to nine units will count toward their degree; they must, however, maintain the unit load requirement.

Graduate students must be realistic about what they can accomplish in a year of study overseas, both in terms of what can reasonably be expected in the way of course offerings and of what preparation they have to pursue the available offerings. They should not expect, for example, to work in a narrowly defined area of specialization, particularly one in which they have not had previous preparation. Similarly, their competence in the language of instruction might not be sufficiently advanced to permit them to take courses for which they are otherwise intellectually prepared. Acquisition of the foreign language in itself may be a valid reason for a graduate student to study abroad; however, such study is usually credited on the undergraduate, even lower division, level.

Students pursuing graduate degrees must obtain classified graduate standing before departure for overseas. They should plan to complete before departure any course or courses which are either required as part of the graduate program and unlikely to be available at the foreign university, or are prerequisites to other graduate work.

## Courses Crediting

All coursework taken overseas will be accepted by the student's home campus as resident credit (not transfer credit). The appropriate authorities at the student's home campus determine the applicability of coursework completed overseas to major, minor, general education, and elective degree requirements. In some cases this may mean that a minimum number of units or specific coursework to be credited toward the major must be taken at the home campus. Specific questions regarding CSU campus policies and how courses will apply towards the degree should be directed to CSU campus advisors rather than host university staff.

It is the student's responsibility to:

- check all major departmental rules prior to departure for overseas;
- meet with the appropriate department advisor(s) to de-

termine which courses will count toward specific degree requirements; and

- collect and provide course information from professors to submit to his/her advisor.

The campus advisor's role is to:

- determine how courses will be credited to the degree;
- suggest appropriate courses to be taken abroad which might fulfill degree requirements (e.g., course content, course level and unit value); and
- guide the student through the course substitution (petitioning) process at the home campus.

It is OIP's role to:

- report all courses attempted at the host university to the student's home campus

Since courses abroad can differ from the CSU courses required for your degree, advisors can suggest that the student take similar courses to fulfill specific course requirements. In these cases, campuses usually require that students submit a petition (or course substitution request) to have these courses count towards specific course requirements. This process protects the integrity of the degree and the transcript while allowing students the flexibility of taking related courses to meet specific requirements. Students are advised to discuss the process with advisors and appropriate officials at the student's home campus prior to going abroad.

The Academic Advisement form must be completed as accurately as possible and signed by the department advisor(s), where indicated. Without these signatures, there can be no guarantee that students will receive credit toward their degree objectives.

Even with prior approval for course credit, students are advised to keep course syllabi, term papers, reading lists, examinations and any other pertinent materials, until the degree is completed. Students are advised to take sections of their campus catalog overseas which pertain to the requirements for the degree being pursued. Current catalogs are on the web, but students may find it useful to have printed information from the catalog available.

When selecting courses at their host university, students should choose courses which best represent the home campus course requirement they are seeking to fulfill in terms of course content, course level and the unit value. In cases when the unit value of the home campus course requirement is more than the host university course, students should consult with their home campus advisor about selecting an additional course which would fulfill the unit value of the home campus course requirement.

Graduate credit will be granted only in courses that are judged by the host institution and by the OIP to be graduate level. Graduate students must be aware that credit, in any case, will be granted only if prearranged with their respective home campus major departments and graduate

deans. As few as six units per year may be directly transferable into their course requirements for the master's degree; nevertheless, all graduate students are required to maintain a full academic load (see Enrollment Requirements below). These additional units may be accepted by their major departments to meet other degree requirements.

If students have questions about how their course work will apply to home CSU campus requirements, they should contact their departmental advisors. Before departure, students should obtain their advisors' fax numbers and e-mail addresses so they can communicate while abroad. Specific questions regarding CSU campus policies should be directed to CSU campus advisors rather than host university staff. Remember to consult CSU campus catalogs.

## While You Are Abroad

While studying abroad, you will be asked to submit course information, enrollment details, and other information to the OIP. Timely submission of the required information is important for ensuring successful participation in IP and the crediting of courses taken abroad. You will be given instructions about what information is needed and how you should submit the information after your arrival to your host university, if not sooner.

**IMPORTANT:** Remember to check your e-mail on a regular basis to receive messages regarding your academic studies. If you are using an e-mail address which is different from the one that you provided in your IP application, and/or if you change your e-mail address once you are abroad, you must notify the OIP of your new e-mail address immediately.

## Academic Reporting

At the conclusion of the student's study abroad experience, the OIP issues an Academic Report. In this Academic Report, the OIP reports to the student's home campus all courses in which the student was enrolled, all units attempted and all grades earned. The Academic Report is the sole, official academic record of the student's year abroad. Mid-year reports are not provided. Grades earned while on IP will be computed in the cumulative grade point average on the student's CSU transcript.

Each student receives an Academic Report at the permanent home address provided to the OIP. It is the student's responsibility to inform the OIP, in writing, of changes in his or her permanent home address.

Reports are also provided to the student's Study Abroad/International Programs Office and the Registration/Records Office at the home campus. Once the Registration/Records Office receives the Academic Report, the information is entered to the student's record. It may take the Registration/Records Office several weeks to post courses, units and grades to the student's CSU transcript so students should check their academic records periodically. If courses do not appear on the CSU record after four weeks, students may wish to contact the Registration/Records Office at their home campus to find out when the courses will appear

on their record. **The CSU transcript becomes the official record of coursework attempted and grades earned abroad.**

Once courses appear on the student's CSU academic record, students should verify that courses listed on their Academic Report also appear on their CSU academic record. If there are any discrepancies, students should contact the Registration/Records Office at their home campus.

If an error has been made on a student's Academic Report (for instance, if a grade was recorded incorrectly or a course that was taken was not listed on the report), then the student should e-mail the OIP at [IPacademics@calstate.edu](mailto:IPacademics@calstate.edu) to request a course or grade review. Course and grade reviews can take several months to complete depending on circumstances, the urgency of your request and the time the request was received. Reviews must be requested 1) before a student graduates with the degree that they were pursuing while studying abroad on IP and 2) no later than 12 months after the date which appears on their Academic Report, whichever date comes first. Requests made after this time will not be considered. Therefore, students should check the accuracy of their report and CSU transcript as soon as it becomes available and, if necessary, request a review immediately thereafter. For more information, students are advised to read the cover letter attached to their Academic Report.

Courses are posted to the student's CSU transcript and become a permanent part of the student's CSU academic record; courses listed on the Academic Reports must accurately represent the courses taken abroad. To ensure accurate reporting, IP reports courses attempted by reporting the title of the course and the CSU home campus department in which the course is closely related. This method of reporting means that students will need to furnish course descriptions, syllabi and other course materials to their advisors in order to apply for credit towards specific major, minor or general education requirements. If courses are not needed for specific degree requirements, then it is usually not necessary to complete any other campus-based forms although students should verify this with their campus IP coordinator or home campus academic advisor.

Refer to the Academic Advisement Form Instructions and the IP Bulletin for additional academic reporting information and arrangements pertaining to specific programs.

### When to Expect Your Academic Report

Since the grade reporting procedures of international institutions differ from the CSU campuses, IP students should not expect to receive their grades as quickly as they do at their home campus. For most countries, it can take a minimum of four months after completion of the year abroad for courses taken at the host university to be reported to the CSU campus. In some cases, reports can take longer than four months to process depending on specific circumstances. This is especially true for students who study in France, Germany, Ghana, South Africa and Sweden where reports can take a minimum of six months or longer to finalize. While OIP reports grades as quickly as possible, delays in reporting are beyond our control largely due to

academic differences between the CSU and how overseas partners process and provide academic information to the OIP. Refer to the IP Bulletin of the country for additional information regarding the time it takes to finalize academic reports.

Students should note that delays in reporting may also affect financial aid eligibility and payments upon return to their CSU campus. Students are advised to discuss this with their home campus financial aid advisor if they are concerned.

Students who have not received their report by the end of the fourth month after they have completed their year abroad may contact OIP at (562) 951-4790 to check on the status of their Academic Report.

**Graduating Seniors:** Due to the delays with receiving grades for some countries (e.g. France, Germany, Ghana, South Africa and Sweden), graduating seniors might have to postpone their graduation date depending on when the Academic Report can be sent to their home campus.

Academic reports for graduating seniors are given priority processing but seniors should understand that it still can take a minimum of four months to process reports. For this reason, it is often not possible to graduate in the term following the last semester abroad. Students who plan to apply to graduate schools following their year abroad can still apply for graduate programs as long as they inform the institutions to which they are applying of a possible delay in the posting of their degree.

**IMPORTANT:** If students have an outstanding account related to their international studies, the academic report will not be released to their home campus until the debt has been cleared. Notification of outstanding accounts will be sent to the student's permanent home address.

## Assessment and Grading Systems

Higher education institutions outside the United States typically use grading systems which differ from those in use in the CSU. The examination systems vary widely as well. In many universities, students pursue specific degree objectives in which the individual courses taken are not graded separately. Rather, a final comprehensive examination is given at the end of the year or at the end of the course of study, when the student's advisors feel that the student is prepared in all subject areas. Continuous assessment as practiced on American campuses is uncommon. Where examinations are given, they are usually highly specific, may focus on only a fraction of the subject, and may be oral or written. Grades for an entire term or year's work may be assigned on the basis of a single final examination.

## Academic Policies

### Minimum Academic Qualification

The OIP requires that accepted applicants must:

- remain in good academic standing;
- maintain the required GPA (as set for the particular program) after acceptance into the program;
- fulfill any program language and other requirements prior to the program start date;
- meet all other conditions set by the OIP.

Students who do not meet these requirements may be subject to further action up to and including disenrollment.

### Academic Disqualification

All IP participants must be degree seeking students who are matriculated at a CSU campus. If a student is disqualified by his or her CSU campus after having been selected for participation by IP, the student is no longer eligible and will be dismissed from the program.

### CSU Registration

IP participants are fully matriculated CSU students who remain enrolled at their home campuses as full time students while studying overseas. The OIP arranges for the registration of all students at their respective home CSU campuses at the beginning of their academic year abroad. Therefore, students must not enroll for any courses at their home campus for the time that they will be abroad through IP.

Students are not permitted to enroll in online courses, which are offered at their home campus or another CSU campus, since the purpose of studying abroad is to engage in full time study exclusively at the study center or host university.

Requests for exceptions to the above must be submitted in writing to the OIP and approved by the OIP before the academic year abroad begins.

### Enrollment Requirements

IP participants are concurrently enrolled at their home CSU campus and the host university. To facilitate concurrent enrollment process, the OIP notifies the campus of each student to request that the campus registers the student as full time before the start of the academic year abroad. This will allow students to maintain their status as CSU students and receive financial aid, if applicable.

The following unit enrollment policies apply:

- Undergraduate students are required to carry a minimum course load equivalent of 15 semester units per term and a total of 30 semester units for the academic year abroad. This requirement applies to all undergraduate students regardless of the number of units they need to graduate or the enrollment requirement of the host university if this differs from the IP requirement.
- Post-baccalaureate students pursuing credentials or second undergraduate degrees are required to carry the same course load as undergraduates, as described above.



- Graduate students must carry a minimum course load equivalent of 12 semester units per term on condition that at least six of those units are taken at the graduate level; otherwise, graduate students must carry a course load on the same basis as under-graduates as described above.
- Any units earned during a pre-session, special session or preparatory language program conducted outside the host institution academic year calendar, are not counted in meeting the semester course load requirement unless advised otherwise in the IP Bulletin for that program.

Full time enrollment at the host university is critical and a requirement of participation in the IP. Failure to enroll in full time studies can jeopardize conditions of the student's visa to remain in the host country, impact financial aid eligibility and result in dismissal from the program.

Students are not normally allowed to enroll in more than 18 units a semester except by exception by the OIP. Students requesting to take more than 18 units in the second semester of their international study must be in good academic standing and have earned a grade point average of 3.0 (B average) in the first semester of study.

In exceptional cases, students may petition for a reduction in the prescribed course load. Such petitions are granted only in cases of extreme hardship due to conditions beyond the control of the student. The discovery that coursework is at a greater degree of complexity than was assumed, that academic requirements are demanding, or that the student faces lower grades than expected are not grounds for the approval of a reduced course load.

Extended illnesses and emergency situations requiring absence from the study center are generally considered grounds for the submission of a petition. Failure to maintain the prescribed academic load without prior approval may result in disenrollment from the International Programs.

Students who withdraw from courses without approval from the OIP will be assigned the administrative grade of WU (Withdrawal Unauthorized), which for purposes of grade point average and progress point computation, is equivalent to an F.

Questions regarding enrollment and requests for exceptions to policies should be directed to the OIP by e-mailing [IPacadem-ics@calstate.edu](mailto:IPacadem-ics@calstate.edu).

### **Academic Progress**

As an official academic program of the CSU, all students participating in the IP and its offerings are subject to all of the academic regulations of their home campuses as well as those of the IP and the host institutions they attend abroad. Home campus rules for academic probation and disqualification apply overseas at the study centers just as they do at home.

IP participants are expected to make normal academic

progress and to maintain a grade point average of at least a 2.0. Graduate IP participants are expected to maintain a minimum grade point average of 3.0 for all graded work for the degree. Students who fail to meet these requirements are subject to probation or disenrollment from the IP.

Furthermore, any student whose academic performance does not meet standards necessary for successful progression in the program may be in jeopardy of disenrollment.

### **Attendance**

IP participants are expected to attend classes in which they are enrolled regardless of the flexibility of the host country's educational system or the practices of local students. In addition to its effect on academic performance, excessive and/or unauthorized absences during the academic year constitute grounds for disciplinary action by the OIP including dismissal from the program.

Personal travel should be restricted to weekends and university holidays.

### **Examinations**

Students are expected to complete all course requirements and take all examinations (including final exams) for the courses that they are enrolled in before leaving their host university. They may not request early exams or special favors in order to leave before the end of the term unless there are extenuating circumstances involved and the OIP has approved an early exam date.

Host universities can have strict test-taking policies, including refusal to permit students to take exams if they arrive late or they have failed to achieve minimum academic standards prior to the final exam. Students are expected to read and comply with university policies which pertain to their studies at their host university.

Although some host universities permit students to retake a final examination several weeks or months after the original examination period has taken place, IP participants are not permitted to retake exams once the academic year at their host university has ended.

### **Independent Study**

In general, the IP is not designed to accommodate students pursuing independent study. The structure of overseas programs offered by the IP is fundamentally one of immersion in host institution instruction and supporting studies — such as language studies. The pursuit of other academic purposes tends to remove the student from the immersion environment and is, therefore, not generally encouraged. However, there may be a few students whose academic needs involve the completion of a paper or project during the period of study abroad, or who have a unique and very specific interest to pursue which is particularly relevant to the study center locale. In such instances, the OIP may approve limited independent studies on a case-by-case basis.

Where and when it is permitted and approved by the OIP, Independent Study is limited to a maximum of three semester units per term, except where the student's home campus permits only a lesser amount. In order to carry out independent study, a student may need to possess near-native fluency in the language of instruction, and may need special academic preparation and research skills. The student must have advanced written approval from the major department advisor and department chair, as well as from the OIP. Independent study must result in a paper or project capable of being graded on the student's home campus. Special tutors are not available, and students must be capable of carrying out all aspects of such study in terms of study and research skills, language skills, and access to appropriate resources. Independent study that involves additional instructional cost to the student cannot be given credit by the IP, and additional cost to the IP cannot be authorized. Upon request, independent study proposal forms will be sent to students interested in independent study.

### Internships

Internships are unavailable at most study abroad centers, but where internships are available, the following guidelines are used:

- internships are credited at one unit per three internship hours per week over a 15-week semester;
- internships will not exceed six semester units for the year (i.e., three units per semester);
- internships will be appropriately supervised by an academic supervisor from the host university and an internship supervisor from the organization where the internship is being performed;
- internships require a written component to be stipulated by the host institution/supervisor;
- students seeking internship credit in their major or minor must comply with all the policies and procedures on their home campus for internships and have approval of the major department; and
- the OIP has final approval of all internship requests.

Internship applications must be completed and submitted to the OIP within the first four weeks of the semester. Late applications will be not approved.

### Repeated Course Work

Undergraduate students may not repeat courses which are equivalent to courses they have already successfully completed. Since a course taken abroad may have the same or a similar title but have different content than a course previously taken, the student should keep complete records of their coursework so that if credit for the course is questioned at the home campus, the content of the course can be verified. For more information, students are advised to consult with their home campus catalog and advisors regarding the repeat of courses.

### Assignment of Grades

The OIP uses a carefully developed general system for converting foreign grades to CSU equivalents. Great care is exercised by the OIP to ensure that students neither benefit from nor are penalized by different evaluation methods prevailing at the various study centers.

The OIP is required to report all courses taken at the host university and report a grade for each course attempted. This includes any failed courses which may or may not appear on the host university academic report or transcript, e.g., Waseda University, Uppsala University and German institutions.

All grades reported to the CSU campus registrars by the OIP are considered permanent and final except "incompletes," which are rarely given. Under ordinary circumstances a grade may not be changed except to correct a clerical or procedural error. No change of a final grade may be made on the basis of re-examination or by completing additional work for the course.

### Grading Symbols

To evaluate student performance, host universities often use different grading symbols which are converted to the grading symbols used at the CSU.

Grades earned while on IP will be calculated in the cumulative grade point average on the student's CSU transcript. Academic symbols CR, NC and W do not affect grade point averages.

The basic grading system that the OIP uses in academic reporting to the CSU campuses is the A through F system in which the highest grade that can be reported is an A. To obtain a definition for each grade, students are instructed to refer to their home campus catalog.

### The Use of Withdrawal Unauthorized (WU)

The symbol "WU" indicates that an enrolled student did not withdraw from the course and also failed to complete course re-requirements. It is used when completed assignments, course activities or both were insufficient to make normal evaluation of academic performance possible, such as not taking the final exam. It is also used when students withdraw from courses without authorization from the OIP. For purposes of grade point average and progress point computation, this symbol is equivalent to an "F" and shall be counted as units attempted but not passed.

### Incomplete Work

Because of the difficulty of completing and grading work after the end of the academic year overseas, no incomplete grades are given. Students who fail to complete all course requirements by the end of the academic year at their host institution will receive a grade of WU. Exceptions to this policy must be pre-approved by the OIP.

### Auditing

Auditing a course must be approved by the host university and the OIP. Audited courses which bear an additional cost

to the IP will not be approved.

Enrollment as an auditor is also subject to permission of the instructor of the course. Regular class attendance is expected although full participation in classroom activities will be at the discretion of the instructor. Once enrolled as an auditor, a student may not change to credit status.

Students do not receive credit for audited courses, and they are not reported to the CSU home campus. An audited course may not be counted toward meeting the required minimum academic course load requirement and may not be considered a reason for a student to be permitted to take a deficit load.

### **Credit/No Credit Option**

Subject to home campus restrictions, students may request to have one course during each semester reported to the home campus for a Credit or No Credit (CR/NC) grade which will not affect CSU grade point averages. The following conditions apply:

1. All courses must be taken for a regular grade at the host university; however, via this form, students may designate one course per semester for a maximum of six semester units for the year to be reported to the home campus as a CR/NC.
2. Requests must be consistent with CR/NC regulations set by the student's home campus and major department. Normally, courses fulfilling major requirements must be taken for a letter grade.
3. CR is awarded for grades A through C- in undergraduate courses, and A through B- in graduate courses. NC is assigned for D+ through F in undergraduate courses, C+ through F in graduate courses, contingent upon compliance with #2, above.
4. Approved requests are final and will be reported to the student's home campus as a CR/NC which will appear on student's CSU academic record. CR/NC grading symbols have no effect on the grade point average.
5. Language courses which are local or native in countries where the national language is not English do not qualify for the CR/NC option and will be reported to the student's home campus using letter grades except when approved by the OIP.
6. CR/NC requests must be submitted to the OIP at least four weeks prior to the scheduled final examination date for courses which are two or more months in length. If the course is less than two months in length, requests must be submitted at least two weeks prior to the scheduled final examination date. Forms must be received in the term in which the course was taken. Deadline dates to submit forms are strictly enforced.
7. Incomplete forms, which omit the information requested above and/or signatures and dates below will

not be considered.

### **Course Withdrawals**

For semester-long courses, a student will receive a grade of "W" (Withdrawal) when the student has withdrawn from a course after the fourth week of instruction with the approval of the host university and the OIP. It carries no connotation of the quality of student performance and it is not used in calculating grade point average.

Withdrawals shall not be permitted during the final twenty percent of instruction except in cases, such as accident or serious illness, where the cause of withdrawal is due to circumstances clearly beyond the student's control. Withdrawals of this sort may involve total withdrawal from the campus or may involve only one course.

### **Program Withdrawal**

A student may withdraw completely from International Programs for serious and compelling reasons or in verified cases of accident or serious illness. Withdrawal after departure constitutes withdrawal not only from IP, but also from the student's home CSU campus for the remainder of the term. The health and accident insurance plan is terminated and the student's visa status to remain in the host country is also affected.

All requests for withdrawal from the host university must be submitted in writing using the Program Withdrawal Form. Students studying in Chile, China, France, Germany, Ghana, Italy, Japan, Korea, Spain and Taiwan can obtain the form from their on-site Resident Director or Program Coordinator. Students studying in Australia, Canada, Denmark, Israel, Mexico, South Africa, Sweden and the UK must consult with the International Office at their host university about their plan to withdraw and contact the OIP by e-mailing [IPacademics@calstate.edu](mailto:IPacademics@calstate.edu). The Program Withdrawal form will be e-mailed to the student.

Failure to follow formal OIP procedures may result in the assignment of WU's for all courses.

Students who receive financial aid funds must consult with their Financial Aid Office at their home campus. If a recipient of student financial aid funds withdraws from the IP during an academic term or a payment period, the amount of grant or loan assistance received may be subject to return and/or repayment provisions.

### **Academic Misconduct**

Students are expected to follow the same principles on academic integrity at their host universities as they would at their home campuses. Students who have committed any act of academic misconduct including (but not limited to) plagiarism, forgery, cheating or other such actions, are subject to disciplinary action based on the IP Student Conduct Code.

### **Academic Questions**

The first point of contact for all academic questions for students attending programs where the OIP employs an

IP representative is the resident director or program coordinator (in the absence of a resident director). Programs where the OIP employs a representative include Chile, China, France, Germany, Ghana, Italy, Japan (Toyko), Korea, Spain (Granada and Madrid), and Taiwan. Students attending programs in other countries who have academic policy questions may e-mail IPacademics@calstate.edu.

## Frequently Asked Questions

**Question:** Am I required to take the equivalent of 15 units each semester abroad even though I don't need the extra units to graduate? **Answer:** Yes.

**Question:** I want one course to be reported as a Credit/No Credit to my home campus. Can I take this course on a Pass/Fail basis at my host university? **Answer:** No. You must take the course for a regular grade but if you complete the Credit/No Credit Request form and your request is approved, the course will be reported to your home campus as a Credit or No Credit depending on the grade that you received for the course.

**Question:** Someone told me that if I don't take an exam in one course while I am on IP, the course would not show up on my CSU transcript and that this course will not appear on my host university transcript. Does this mean that the course won't be reported to my campus? **Answer:** No. The OIP receives a list of all completed and uncompleted courses from all institutions where our students are attending and reports all attempted courses to the student's home campus. If a student does not complete a course for any reason, it will be reported as a WU to the home campus. This is equivalent to an F in GPA calculations.

**Question:** I have been abroad for one semester and I would like a mid-year report of the work that I've done. Will the OIP provide this to me? **Answer:** The OIP does not issue mid-year Academic Reports. Reports are only provided after all grades for the entire year have been submitted to the OIP.

**Question:** I am going to a university which doesn't have a resident director or a person employed by the CSU International Programs. Whom do I contact if I have academic questions? **Answer:** If your question relates to IP Academic Policy, reread the Academic Arrangements section of your this guide. If you do not find an answer in the Academic Arrangements, you may e-mail your question to IPacademics@calstate.edu. You can also go to the International Office of your host university. If they are unable to answer your questions, they will contact our office for assistance.

## Financial Planning

A crucial key to a successful year overseas is a sound financial plan. This section gives you the information you need to plan your finances.

By now you should have a good idea of your resources for the coming year and should have applied for financial aid, if necessary. The amounts shown on the Program Cost sheet (attached to the Agreement) are based on the experience of current year students. These **estimates** are useful for planning purposes, but are subject to change due to **currency fluctuation**, inflation and costs out of IP's control. Furthermore, these estimates should be considered **minimum amounts**. Do not expect to get by on less.

The Office of International Programs (OIP) does not generate a profit. The money you pay to us is used solely for your own expenses. You will receive a refund if your account has a balance at the end of the year. In a very rare situation, as specified in item #13 of the CSU OIP Agreement, you will be asked to pay the difference if costs are higher than expected.

Since you ordinarily cannot work legally overseas, you should not plan on earning any money during the year.

## Explanation of Cost Estimate

Program Cost Estimates are costs paid by you, the student, and are divided into two categories: "Prepaid Costs," which you pay in advance to OIP, and "Out-of-Pocket Expenses," which you will pay individually while overseas. Refer to the Program Cost Estimate sheet to see when certain payments are due. The separate costs are further described below:

**Tuition Fee** - This fee covers home campus enrollment.

Additional fees are due from graduate/post baccalaureate and non resident students. The CSU makes every effort to keep student costs to a minimum. Fees listed in published schedules or student accounts may need to be increased when public funding is inadequate. Therefore, CSU must reserve the right, even after initial fee payments are made, to increase or modify any listed fees, without notice, until the date when instruction for a program has begun. All CSU listed fees should be regarded as **estimates** that are subject to change upon approval by the Board of Trustees.

**IP Mandatory Insurance** - A mandatory group health and

travel assistance plan ordered by OIP.

**Pre-Departure and Re-entry Processing** - Includes orientation materials sent to students prior to departure and upon re-entry.

**IP Study Abroad Fee** - Mandatory fee for all IP participants. Fee covers costs related to overseas operational expenses including student on-site support and operating costs of the program.

**Group Activities** - This charge makes it possible to plan for various student social gatherings throughout the year, such as Thanksgiving. In addition, field trips are organized to help students become familiar with the city and country in which they are studying. They may also be required as part of regular coursework. Attendance at group activities is mandatory. **All** students are charged for **all** events.

**Arrival Expenses and Mandatory Hotel Stay** - Expenses incurred upon arrival including costs at the Hotel Sunroute Takadanobaba (mandatory - 3 nights), transportation to the hotel and meals.

**Supplemental Health Insurance** - National Health Insurance required in Japan.

**Academic Year Housing** - Students are housed in dorms or with families; some meals are provided. Students in dormitories pay directly and not through OIP.

**Meals** - Meals are purchased or prepared by the student.

**Personal Expenses** - Estimates of personal expenses can at best be only a rough guess, but the amounts indicated are based on current year student expenses. Included are items such as clothing, postage, entertainment, books, etc. Please bear in mind that estimates for personal expenses, as well as for other out-of-pocket expenses, are minimum amounts. Do not expect to get by on less.

**Roundtrip Airfare** - The cost of transportation to and from the overseas center.

**Warning: Vacation expenses are NOT included in the Program Cost sheet.** Vacation/travel expenses have not been estimated because the amount students spend on this item varies so greatly.

## The State of California Keeps Cost Down by Contributing Toward the Program Costs

It is useful for you to know that the cost of providing education at any California State University campus is approximately \$12,476 per year per student. The student has to pay about \$5,551 per year, and the State of California pays about \$6,925 per year toward each student's education.

IP programs are more affordable than most study abroad programs of comparable quality, duration and academic value because the State of California supports study abroad by contributing to the IP program costs. When you study abroad with IP, you are still only required to pay the same tuition fee that you would pay if you were attending your home CSU campus, including graduate and non-resident fees.

The State of California wants CSU students to study abroad to broaden their horizons and to acquire international, linguistic and multicultural skills, and therefore contributes toward the cost of study abroad, instead of passing those costs on to students. The costs that are covered by the State of California include such things as the host university tuition, academic and logistical program arrangements, overhead for operating office facilities, and staff salaries in California and overseas.

## Changes to Program Cost

The Program Cost sheet shows the estimated standard costs for a single IP student at your host country. This information must be adjusted for students with dependents and those students who arrange their own housing. **Request for changes to your program cost should be made in writing and arrive at OIP by ☛ May 1.** Once an adjustment has been approved, which will affect your prepaid costs or payment schedule, OIP will send you an official revised Program Cost Estimate sheet.

## Financial Data Form

To be assured that IP students have sufficient funds for the year overseas, OIP requires that each student completes a Financial Data form and return it by ☛ **May 1.** If your financial situation changes before departure, you must inform OIP.

## W-9S

Students enrolled in IP may be eligible for the Lifetime Learning credit, which provides for a credit of qualified tuition per tax year. We request that you complete Part I of the W-9S form and return it to our office by ☛ **May 1.** The form is provided in the Online Packet. More information: <http://www.irs.gov/pub/irs-pdf/fw9s.pdf>.

## Payment

The total Prepaid Cost should arrive at OIP by ☛ **May 1.**

You may send your check or money order payable to:

### CSU INTERNATIONAL PROGRAMS

#### Mail to:

CSU International Programs  
401 Golden Shore, Sixth Floor  
Long Beach, California 90802-4210

**Make sure your name and host country are clearly indicated on the check.** This is particularly important if someone other than you is making the payment. Otherwise we may not be able to credit the proper account. If you wish to pay using your Visa or MasterCard, please complete the required information on the Program Cost Payment form and return to the OIP by ☛ **May 1.**

No receipts will be given for personal checks; your cancelled check will serve as a receipt. A \$10 fee will be charged for each returned check.

## Deferment of Prepaid Cost

If you are unable to pay the entire Prepaid Cost by ☛ **May 1,** you may choose one of the following options and indicate your selection on the Program Cost Payment form.

1. **Financial Aid** - Prepay a minimum of \$500 online or by mail and defer the remainder until your financial aid is disbursed. If you choose this method of payment, the amount due will be deducted equally from your financial aid by each term (quarter/semester) of your home campus.
2. **Installment Payment Plan** - Prepay a minimum of \$500 online or by mail and make payments for the balance due. If you choose this method of payment, you should indicate so on the Program Cost Form and return **with your \$500 deposit.** The balance due should be paid in not more than 6 monthly installments with the final payment no later than November 30. Be aware that any refunds due will be returned to the *student*.

**Note:** If you have a financial obligation at the end of your academic year, it will result in a hold of your academic report and a hold at your home campus which may affect future registration and financial aid disbursement. If the obligation continues, your account will be turned over to the Franchise Tax Board for collection.

**ONLINE PAYMENT by echeck or credit card**  
<http://www.calstate.edu/ip/>

## Financial Aid - Procedures

Except for Federal Work Study, IP participants continue to be eligible for all student aid programs such as Cal Grant A or B, Pell Grant, SEOG, SUG, Perkins Loan, EOP Grants, Stafford Loans and scholarships. We expect that, if you require financial aid, you have already filed the Free Application for Federal Student Aid (FAFSA) and that you are complying with your

campus financial aid office's requests and deadlines.

**US Department of Education FAFSA:**

[www.fafsa.ed.gov/](http://www.fafsa.ed.gov/)

If you have just determined that you will need assistance, we recommend that you contact your campus financial aid office immediately. Most campus financial aid offices have designated a counselor to work specifically with IP students.

1. Visit your financial aid office and complete the application materials as instructed. Inform the counselor that you will be an IP participant. Many campuses will ask you to indicate this on your application and on all documents to make it easier to process your award and to handle your checks properly while you are overseas.
2. Make sure that you have submitted all required paperwork. This is **YOUR** responsibility.
3. Complete and submit the Financial Data form to OIP. The Authorization for Transmittal of Financial Aid (part of the Financial Data form) permits your home campus to send IP what may be owed on your program cost or send your financial aid to IP.
4. A few weeks before you depart, contact your financial aid counselor to verify that your file is complete.

**IMPORTANT NOTE:** Students who will rely on financial aid during periods of study abroad must confirm with the financial aid office that they will be eligible for aid during the period of planned enrollment.

If you are a financial aid recipient you must also confirm with your campus financial aid office that you are currently making satisfactory academic progress and that you will not exceed the maximum time frame for receiving financial aid during the period that you are abroad.

## Financial Aid - Disbursement

**WARNING:** It is your responsibility to remove all CSU home campus "holds" on your records before you go abroad. A "hold" on your records will prevent you from registering for classes. This includes holds from the Library, Records Office, Financial Aid Office, your own academic department and any other campus office. Clearing holds is your responsibility and will prevent problems in the future.

In order for you to receive your financial aid efficiently, your home campus may disburse your financial aid directly to you rather than through OIP. Most campuses are able to do this, but a few are not. If you have deferred any portion of your program costs with financial aid, the amount due will be deducted and sent to OIP each quarter/semester with the balance disbursed to you. **It is your responsibility to make sure your home campus has your disbursement instructions on hand prior to your departure. Double check that your mailing address is current at your home**

## campus and double check their Financial Aid disbursement schedule.

If your campus cannot disburse financial aid directly to you, they will send it to OIP and OIP will send it to your permanent home address unless you make other arrangements. Again, any deferred program costs will be deducted equally each quarter/semester prior to disbursement. If you have questions about where your financial aid check is being sent, please contact your campus financial aid office and if you have questions about your deferred program costs, please contact OIP prior to departure.

## When Can You Expect Your Financial Aid?

Every year, IP students are very anxious about receiving their financial aid overseas. Please read this information carefully so that you will not be financially unprepared for your year abroad.

The first thing you must understand is that it will take time for you to receive each semester/quarter check. **You are advised to have enough money to cover your first two months worth of expenses.** It may take that long for your financial aid to reach you.

Second, you need to know where your financial aid is being sent.

Third, you need to have a back up plan in case your financial aid is delayed.

## OIP Emergency Loans

Students may borrow money from OIP as follows:

1. In an emergency, students may borrow up to \$500.00 at a time through March 31; this date is subject to change.
2. Students may borrow funds against late receipt of financial aid if OIP can determine status of the financial aid disbursement.
3. Students may borrow money to pay for medical expenses such as extended hospitalization.

## Certification of Enrollment

OIP can provide certification/verification of enrollment to scholarship donors, insurance companies, etc. To request a verification of enrollment, e-mail: [ipacademics@calstate.edu](mailto:ipacademics@calstate.edu) and provide your name, home CSU campus and the IP program (country) you will be a participant in.

# Health and Safety Abroad

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Each year hundreds of students study abroad and return safely. This does not mean that you should ignore this aspect of your preparation, studying abroad is not “risk free.” In preparing you should first realize that there are a wide range of potentially serious situations that may or may not apply to you. In one country, traffic accidents may pose the largest danger to you, while in another country the AIDS virus may be a more serious threat. The most important variable is you—your health situation, personal habits, the activities you choose to engage in or the places you choose to go.

No orientation can alert you to every potential difficulty. We will provide you with some background and additional information sources so that you can make informed decisions both as you prepare and while you are abroad. Read this guide, attend the Predeparture Orientation, and learn as much as you can about the country to which you are going.

## Health & Medical Issues

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### The Health Examination

You are required to have a medical checkup before you go. Your medical record will be on file for reference purposes in case of emergency. You and your physician must complete the Health Status Report and return it to OIP by **May 1**.

You should make an appointment immediately in order to meet the deadline. Many campus health centers will complete the form for enrolled students if arrangements are made well in advance of the end of the term.

### Students with Special Needs

IP makes every effort to accommodate students with special needs in cooperation with host institutions abroad. Students are encouraged to identify themselves to make adequate planning possible. In some cases, adequate facilities or services for students with specific types of disabilities may not be available at their chosen overseas study centers.

### Emergency Notification

This form also contains a request for emergency contact information. This is extremely important and in case of an emergency IP staff will make contact.

### Preparing for Other Health Issues

You can also prepare for the year ahead by reviewing the following:

**Medical/Dental Work** - Take care of any existing medi-

cal problems and dental work before departure. Routine dental care is not included in IP insurance coverage.

**Inoculations** - Although specific shots may not be required for all IP countries, depending upon your personal situation, it may be a good idea to be immunized against major communicable diseases. If you are planning to travel to other countries while overseas, check to see if any inoculations are required. Consult your physician for advice.

**Eye Glasses/Contact Lenses** - Take a copy of your prescription, as well as an extra pair of glasses or contact lenses with you. Routine eye examinations are not included in the IP insurance coverage. Consider taking a supply of cleaning solution for contact lenses.

**Medications** - If you can, take along a year’s supply of any prescription medications and any nonprescription medicines (e.g., aspirin, allergy medicine) that you use regularly.

Students currently taking medication for an ongoing medical condition should consult with their physicians regarding their ongoing care. Ask your doctor if the medications you take are available in the country you are going to and whether the drug is known by another name. You may be able to continue treatment under a physician’s care overseas. If you determine that you will need to have medications shipped to you overseas, you must observe any laws enforced by your host country regarding shipment and receipt of medication. The IP insurance company’s “Emergency Assistance” coverage, Europ Assistance USA, includes pre-trip planning; they can provide information to help you plan. We recommend you call them first. See “Health Insurance” below.

## Health Conditions Overseas

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Health issues will be a topic during your on-site orientation. Regardless of your host country, most IP students will probably have a few minor stomach upsets due to adjustments to food and water. The CDC website has helpful information about staying healthy overseas.

**Centers for Disease Control:**

[www.cdc.gov/travel](http://www.cdc.gov/travel)

**International Association for Medical Assistance to**



## Travellers (IAMAT)

- IAMAT is a non-profit organization that was established in 1960. IAMAT's objective is to advise travelers about health risks, the geographical distribution of diseases worldwide, immunization requirements for all countries, and to make competent medical care available to travelers by western-trained doctors who speak English besides their mother tongue.

### International Association for Medical Assistance to Travellers (IAMAT)

<http://www.iamat.org/>

**Medical Facilities Overseas** - Adequate medical facilities are available in the event of serious illnesses, and staff overseas can refer you to appropriate doctors and medical facilities.

## Health Insurance

CSU policy requires that all study abroad students be insured. Therefore, all IP participants are covered by Accident and Sickness Insurance for CSU Students Studying Abroad, and is included in your IP program costs.

This insurance is only valid outside the U.S. and is considered a primary medical policy. This means that if you have other insurance coverage with another company outside of IP (e.g. through your parents) the IP insurance carrier is your primary coverage. This policy includes "medical expense benefit" for covered expenses as a result of a covered accident or sickness. The limit is \$250,000 per accident with no deductible. There is an accidental death benefit at \$50,000. The policy also provides for a benefit for "pre-existing conditions" where "pre-existing condition is treated as any other medical condition." For details regarding coverage of medicines or drugs prescribed for outpatient treatment, please refer to the brochure. **Carefully study the policy limitations and exclusions provided in the brochure.** We should also mention that many of the host countries require students to purchase local coverage, which provides students with additional coverage.

Please note that in order for the student to not incur any out-of-pocket expense at the time of the doctor visit, EuropAssist must be contacted at (202) 659-7803 (call collect) and a case is opened for you. If a case number is not provided, you will need to pay for any service or medicine up front and file a claim later.

The required insurance goes into effect the day before you are asked to arrive overseas and remains in effect as long as you are enrolled in classes with IP. No insurance premium refund is given once you depart the U.S. for your study center. If you withdraw or are disenrolled from IP prior to the end of the academic year, you forfeit participation in the health and accident insurance plan effective on the date of withdrawal as established by OIP. Although the health insurance coverage has proven adequate for most IP participants, it is not a comprehensive policy. You should carry your insurance card with you at all times.

### Insurance Brochure & Claim Forms:

<http://www.csurma.org>

(Click on 2014 International Programs. Then click on pdf for the Brochure or Claim Form.)

**Europ Assistance USA** - Your CSU student health insurance policy includes emergency travel assistance coverage administered by Europ Assistance USA. This is a supplemental part of your health insurance policy valid around the world and can assist you if you should need emergency medical care or travel assistance while traveling abroad, 24 hours a day, 365 days a year. To access this benefit, you MUST contact Europ Assistance and let them make all arrangements for any services that you need. Some of the services provided are listed in the insurance brochure.

Upon request, pre-trip counseling for any countries you will be traveling to can be provided by Europ Assistance. They can also answer questions you may have about your prescription medications before departure or help you replace a prescription while traveling.

For further information on the services provided by Europ Assistance, please see the brochure, or contact them at: (202) 659-7803 (call collect) or Stacey Weeks at Alliant Insurance Services at (415) 403-1448 or [sweeks@alliant.com](mailto:sweeks@alliant.com).

## Adjustment & Personal Safety

During your time abroad, you will be required to make adjustments to the people, organizations and culture of your destination. Students going to the United Kingdom often underestimate the number of differences they will encounter. Students going to Asia may tend to underestimate the number of similarities they will encounter. Our purpose here is to point out how differences may cause miscommunication and affect you, your adjustment and your personal safety.

While you are abroad you will take the opportunity to do and see many things. As you undertake these activities you should always make informed and reasonable decisions concerning your safety. You will decide what you do and you must accept the consequences. Please read the "Student Conduct" section of this guide for program policies. Some areas seem worth mentioning.

**Alcohol** - Attitudes about alcohol and customs surrounding its use can be very different abroad than they are at home. Alcohol abuse can be a danger and it contributes to other dangers as it impairs your judgment.

**Illegal Drugs** - In addition to the inherent dangers in the use of illegal drugs, drug use abroad can present serious legal problems. Drug laws abroad may be much different than those in the U.S. and penalties can be severe for foreigners. Avoid illegal drugs. U.S. laws and legal procedure do not apply in other countries. While a guest in another country you are subject to their laws. The U.S. Embassy can provide only limited assistance in locating legal help.

**Political Activity** - Students in other countries are more likely to demonstrate than American students do. You may sympathize with the students and be tempted to join the demonstration. However, the dangers of becoming involved, intentionally or unintentionally, are real. Demonstrations can unexpectedly become violent and authorities are not sympathetic to foreign participants. IP students should not get involved in demonstrations abroad.

**Vacation Travel** - Students are advised not to travel alone. It is always better to travel with a companion. In addition, all IP students are required to inform the international office at the host university of their travel plans whenever they leave town. Give a copy of your travel itinerary, including departure time, destination information and your planned return date/time to the IP Resident Director or to a member of the international programs staff at the host university.

**Drugs Abroad: You Can Be Arrested**

[www.travel.state.gov/travel/living/drugs/drugs\\_1237.html](http://www.travel.state.gov/travel/living/drugs/drugs_1237.html)

**U.S. State Department Travel Information** - A copy of the Consular Information Sheet for the country you will be going to is included at the end of this section. Consular Information Sheets are produced by the U.S. Department of State and provide an overview of the conditions related to traveling to a particular country.

You may access updated U.S. State Department Consular Information Sheets and Travel Warnings on the Internet at the address provided below. We suggest that you read the information provided for any of the countries you might be visiting while you are abroad.

**For U.S. State Department Travel Information:**

<http://travel.state.gov/>

## Consular Information

The U.S. Department of State provides information about every country in the world. You can find information about a wide variety of issues, such as: the location of the U.S. Embassy; whether you need a visa to enter; crime and security information; drug penalties; as well as medical facilities and health information. To find information about your country, go to [http://travel.state.gov/travel/cis\\_pa\\_tw/cis/cis\\_4965.html](http://travel.state.gov/travel/cis_pa_tw/cis/cis_4965.html).

## Final Note

We expect that you will have a productive and challenging year abroad. As we have said, no location in the U.S. or abroad can be considered risk free. By informing yourself and acting responsibly, you can help make your stay abroad a safe one. Nevertheless, changing circumstances that pose risks to students may require OIP to act. In those cases, that action may include evacuation, relocation or suspension of the program. While this is extremely rare, it remains a possibility of which you should be aware.

# Agreement

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As a participant in the International Programs, you are a representative of the CSU, the State of California, and the United States. As such you are bound both by the normal requirements of social behavior which apply at home and by additional requirements related to maintaining the reputation and interests of the program overseas. This section features the legal and policy requirements that apply to your year overseas.

As a condition of participation in IP, all students are required to sign a program agreement, a copy of which follows for your records. A separate copy for your signature is included in the Online Form Packet. You should read the Agreement carefully, sign and date it and return it to OIP by **May 1**. Particular attention is directed to paragraph 9.

This form constitutes the basic agreement between you and the Trustees of the CSU. It is important to understand that this agreement legally binds you to abide by all IP rules and regulations, which are described in this Guide, the IP Bulletin, and elsewhere.

Students are expected to comply with IP requirements before departure and while overseas and to give OIP staff and host university officials their full cooperation. Actions such as disruption of the administrative process, or physical or verbal abuse toward any member of the IP community are not acceptable. Regarding the academic process, unacceptable conduct includes cheating or plagiarism, failure to attend class, failure to maintain the prescribed minimum unit load, unauthorized absences from the study center (e.g., leaving early for vacations or not returning on time), or violation of IP academic policies.

Normally, common sense will dictate acceptable personal conduct outside the classroom. Examples of behavior considered unacceptable are: disregard for the laws or customs of the host country, theft, failure to pay debts, trading in, consumption, or use of illegal or dangerous drugs or narcotics, or violation of any local law or ordinance with respect to these substances, involvement in illegal or offensive actions of a political nature as defined and interpreted by the lawful authorities of the host country, or engaging in any act which represents a potential danger or an embarrassment to the program or to others.

Failure to abide by these rules and regulations may result in one of several sanctions, depending upon the seriousness of the problem. In order of severity these include a

verbal and/or written reprimand by the Resident Director or host university representatives, a written reprimand from the Director of International Programs, probation, and disenrollment.

We expect that you will have a productive and challenging year abroad. As we have indicated previously no location here in the U.S. or abroad can be considered risk free. By informing yourself and acting responsibly, you can help make your stay abroad a safe one. Nevertheless, changing circumstances that pose risks to students may require OIP to act. In those cases, that action may include evacuation, relocation or suspension of the program. While this is extremely rare, it remains a possibility of which you should be aware.

## Nondiscrimination Policy

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### Gender (Title IX)

The California State University does not discriminate on the basis of gender in the educational programs or activities it conducts. Title IX of the Education Amendments of 1972, as amended, and the administrative regulations adopted thereunder prohibit discrimination (including harassment) on the basis of gender in education programs and activities operated by California State University. Such programs and activities include admission of students and employment. Inquiries concerning the application of Title IX to programs and activities of California State University International Programs may be referred to the Director of the Office of International Programs or to the Regional Director of the Office for Civil Rights, Region IX, 50 UN Plaza, Room 239, San Francisco, California 94102.

### Disability

The California State University does not discriminate on the basis of disability (including AIDS) in admission or access to, or treatment or employment in, its programs and activities. Section 504 of the Rehabilitation Act of 1973, as amended, and the regulations adopted thereunder prohibit such discrimination. Inquiries concerning compliance may be addressed to the Director of the Office of International Programs.

### Race, Color, or National Origin

The California State University complies with the requirements of Title VI of the Civil Rights Act of 1964 and the regulations adopted thereunder. No person shall, on the grounds of race, color, or national origin, be excluded from

participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program of The California State University.

### **Age, Ethnicity, Religion, Sexual Preference, Marital Status, Pregnancy, or Vietnam Veteran Status**

California State University does not discriminate on the basis of age, ethnicity, religion, sexual preference, marital status, pregnancy, or Vietnam veteran status in any of its programs or activities. California State University International Programs complies with all applicable federal laws, state laws and Trustee policies in this area. These statutes and policies also prohibit sexual harassment. Inquiries concerning compliance may be addressed to the Director of the Office of International Programs.

### **Federal Drug-Free Schools and Communities Act of 1989**

California State University is committed to achieving and maintaining a campus community that fosters personal and institutional excellence and strives to provide conditions under which the work of the university can go forward freely, with the highest standard of quality and integrity. In keeping with this commitment, all faculty, staff and students are urged to ensure that the learning environment is free of the problems of substance abuse and dependency. For information regarding the Federal Drug-Free Schools and Communities Act of 1989, please contact the Director of the Office of International Programs.

### **Privacy Rights of Students in Education Records**

The federal Family Educational Rights and Privacy Act of 1974 (20 U.S.C. 12329) and regulations adopted thereunder (34 C.F.R. 99) set out requirements designed to protect the privacy of students concerning their records maintained by the Office of International Programs. Specifically, the statute and regulations govern access to student records maintained by the campus, and the release of such records. In brief, the law provides that the campus must provide students access to records directly related to the student and an opportunity for a hearing to challenge such records on the grounds that they are inaccurate, misleading or otherwise inappropriate. The right to a hearing under the law does not include any right to challenge the appropriateness of a grade as determined by the instructor. The law generally requires that written consent of the student be received before releasing personally identifiable data about the student from records to anyone other than a specified list of exceptions.

The Office of International Programs is authorized under the act to release "directory information" concerning students. "Directory information" includes the student's name, address, telephone listing, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degrees and awards received, and the most recent previous educational agency or institution attended by the student. The above designated information

is subject to release at any time unless the Office of International Programs has received prior written notice from the student specifying information which the student requests not to be released. Written objections should be sent to the Director of the Office of International Programs.

The Office of International Programs is authorized to provide access to student records to campus officials and employees who have legitimate educational interests in such access. These persons are those who have responsibilities in connection with the campus' academic, administrative or service functions and who have reason for using student records connected with their campus or other related academic responsibilities. Disclosure may also be made to other persons or organizations under certain conditions (e.g., as part of accreditation or program evaluation; in response to a court order or subpoena; in connection with financial aid; to other institutions to which the student is transferring).

**Important Note:** While you are abroad you will be encountering cultures which have values and standards of behavior different from your own. Such differences are reflected in the educational system, in social relationships and the legal system. Attitudes surrounding the use of alcohol and drugs, for example, have social as well as legal implications. You need to know that while United States and California law continue to apply to you and Trustees with regard to your participation in the international education program, you are also subject to the laws and customs of the foreign country where you study, and your relationship with foreign nationals and foreign institutions will be governed by the law of the host country.

THE CALIFORNIA STATE UNIVERSITY  
INTERNATIONAL PROGRAMS  
AGREEMENT

This agreement is entered into by and between the State of California through the Trustees of The California State University, hereafter called "Trustees," and \_\_\_\_\_, hereafter called "Student."

WHEREAS, the Trustees intend to provide an international education program in \_\_\_\_\_ for selected students of The California State University and

WHEREAS, Student desires to participate in the program under the terms and conditions hereafter set forth,

NOW, THEREFORE, Trustees and Student agree as follows:

1. Student shall qualify for admission as a student for credit in the International Programs of The California State University by satisfying all requirements, including payment of fees.
2. Student shall pay to Trustees' Office of International Programs by the dates specified the amounts set out in the Program Costs sheet which is attached hereto and by this reference made a part of this agreement. Refund of amounts which Student pays to the Office of International Programs and assessment of charges shall be as provided in the Program Costs sheet.
3. Student shall pay to Trustees' Office of International Programs sums in addition to those specified in the Program Costs sheet as may be necessary due to increases in charges by the host university or housing authority, fluctuation in United States dollar exchange rates, or commitments made by Student while overseas that are subsequently discharged by Trustees, and increases in fees or other charges relating to enrollment in the CSU International Programs. Student shall pay to the Office of International Programs any additional sums within 30 days notification by Trustees.
4. The CSU makes every effort to keep student costs to a minimum. Fees listed in published schedules or student accounts may need to be increased when public funding is inadequate. Therefore, CSU must reserve the right, even after initial fee payments are made, to increase or modify any listed fees, without notice, until the date when instruction for a particular program has begun. All CSU listed fees should be regarded as estimates that are subject to change upon approval by The Board of Trustees.
5. Student shall obtain and provide all materials, meet all deadlines and otherwise comply with all participation requirements established by the Office of International Programs.
6. Student agrees to expend his or her best efforts in successfully completing the academic requirements of the courses in which Student enrolls.
7. Student understands and agrees that acts, omissions, occurrences or events beyond the control of the parties hereto may make necessary or desirable the modification, relocation or cancellation of the program contemplated by this agreement. Trustees shall be authorized to modify or relocate the program contemplated by the agreement with respect to cost, dates and times and academic

content so long as any such modification or relocation is a reasonable substitute for the originally contemplated program. Student acknowledges that courses may be added, cancelled, or changed by the host institution as well as by the Trustees.

Furthermore, Trustees reserve the right to suspend or relocate a program in a host country if, in their judgement, it is deemed advisable to do so in the event of civil disturbance, hostilities, potential hostilities or warning from the U.S. State Department. Student acknowledges and agrees to cooperate and follow any instructions from the Trustees in connection with a suspension or relocation of a program.

8. Trustees shall enroll Student in the International Programs of The California State University if Student otherwise qualifies for enrollment and shall provide appropriate academic credit for the courses that Student successfully completes.
9. Trustees shall provide or arrange for the provision of those services and benefits stated in the Program Costs sheet.
10. It is understood that the international implications of this agreement are such that the conduct of Student during the course of the program is of utmost importance. Student, therefore, agrees to conform to standards of conduct consistent with the maintenance of a positive reputation of The California State University and to conform to all applicable rules, regulations and policies of The California State University International Programs. Student understands and agrees that in the event the Director of International Programs, in his or her discretion, shall determine the conduct or academic standards of Student are detrimental to the best interests of the International Programs, the director may terminate the participation of Student in the International Programs. Such termination shall not diminish or otherwise affect Student's obligation to make to Trustees any payments specified in this agreement. Trustees in no event shall be required to refund to Student any payment made by Student to Trustees, but may make such refunds as are consistent with Trustees' policy.
11. Student understands that there are dangers, hazards and risks inherent in international travel, living in a foreign country, and the activities included in the international education program including but not limited to air, land and sea travel, dietary differences, diseases less common in the United States, differences in legal expectations and protection, building code and other safety differences, any of which could result in serious or even fatal injuries and property damage. Student agrees to assume all the risks and responsibilities surrounding student's participation in the international education program, and understands and agrees that the Trustees cannot and do not assume responsibility for any such personal injuries or property damage.
12. This agreement is subject to all applicable laws and regulations. If performance of this agreement involves violation of applicable law or regulation thereby making it legally impossible to perform and such illegality is not the fault of Student, Trustees shall refund to Student those payments made pursuant to this agreement which are authorized to be refunded in Section 41802 of Title 5, California Administrative Code. Upon payment of said refund, all rights of Student and Trustees are waived under this agreement.
13. Student agrees that the State of California, the Trustees of The California State University, the International Programs of The California State University, and each and every officer, agent and employee of each of them (hereafter in this paragraph 11 and in paragraph 12 collectively referred to as

“the State”) shall not be responsible for any injury, damage, or loss to Student or Student’s property which occurs from any cause beyond the control of the State or which does not occur from the sole negligence of the State.

14. Student further agrees to hold harmless, defend and indemnify the State from any and all claims, injuries, damages, losses, causes of action and demands, and all costs and expenses incurred in connection therewith (hereafter in this paragraph 12 collectively referred to as “liability”) resulting from or in any manner arising out of, or in connection with any negligence on the part of Student, his or her agents, or employees, in the performance of this agreement, irrespective of whether such liability is also due to any negligence on the part of the State.
15. This agreement contains the sole and entire agreement between Trustees and Student and shall supersede any and all other agreements between the parties. Trustees and Student acknowledge and agree that any statements or representations that may have heretofore been made by either of them to the other are void and of no effect and that neither of them has relied thereon in connection with his or her or its dealings with the other.
16. No alteration or variation of the terms of this agreement shall be valid unless made in writing and signed by the parties hereto.
17. The laws of the State of California shall govern the interpretation of this agreement. Any action brought to enforce any right or obligation under this agreement or any action which arises out of or in connection with this agreement shall be brought in the courts of the State of California.

By signing below, Trustees and Student manifest their agreement to these terms and conditions.

TRUSTEES OF  
THE CALIFORNIA STATE UNIVERSITY

STUDENT

\_\_\_\_\_  
Tom Roberts, Director  
Procurement and Support Services Officer

\_\_\_\_\_  
Student’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student’s Printed Name

\_\_\_\_\_  
Date

THE CALIFORNIA STATE UNIVERSITY  
INTERNATIONAL PROGRAMS

PROGRAM COST ESTIMATE

2014-2015 TOKYO, JAPAN

**PREPAID COSTS - for the year abroad**

**Amount student pays to OIP covers these items ONLY:**

Tuition Fee	5,472.00*
IP Mandatory Insurance	225.00
Pre departure and Reentry Processing	70.00
IP Study Abroad Fee	750.00
Group Activities	3,200.00
Arrival Expenses & Mandatory Hotel stay	500.00
Supplemental Health Insurance	<u>190.00</u>

**TOTAL PREPAID- PAYMENT DUE MAY 1, 2014**

**\$10,407.00\***

**ADDITIONAL/OUT-OF-POCKET EXPENSES**

**Student pays directly for these items as they occur during the year overseas:**

Housing-other than host family	10,000.00**
Meals	5,000.00**
Personal Expenses	4,400.00
Round-trip Airfare	<u>1,900.00</u>

**TOTAL ADDITIONAL**

**\$21,300.00**

This is an estimate of *minimum* out-of-pocket expenses. The estimate does not include personal entertainment or independent travel abroad; nor does it account for fluctuations in exchange rates.

**TOTAL ESTIMATED PROGRAM COST (PREPAID+ADDT'L)**

**\$31,707.00**

\*Additional fees are due from graduate/post baccalaureate and non-resident students.

\*\*Students living with a host family will pay OIP for their housing and some meals (and public transportation) as a prepaid cost. The host family cost due to OIP prior to departure is \$12,100 (\$11,300 US for housing + \$800 for public transportation). Students should budget an additional \$2,900 out of pocket expense for additional meals not provided by the host family.

The CSU makes every effort to keep student costs to a minimum. Fees listed in published schedules or student accounts may need to be increased when public funding is inadequate. Therefore, CSU must reserve the right, even after initial fee payments are made, to increase or modify any listed fees, without notice, until the date when instruction for a program has begun. All CSU listed fees should be regarded as **estimates** that are subject to change upon approval by the Board of Trustees.



## Withdrawals

A student who wishes to withdraw from International Programs must complete a Predeparture Withdrawal Notification form and submit it to OIP as soon as possible so that alternate students may be offered the opportunity to participate.

### Prior to Departure

Students who withdraw from IP before departure retain their status as continuing students at their home CSU campuses.

### After Departure

Because of the extensive commitments made by the State on each student's behalf, withdrawal after departure is a very serious matter. Students who request withdrawal at any time after arrival at the overseas site must consult with the Resident Director or host university representative and must fill out the required withdrawal form. Students who discontinue their academic programs without completing the required steps for withdrawal may receive failing grades in all courses. Withdrawal after departure constitutes withdrawal not only from IP, but also from the student's home CSU campus.

Financial aid recipients should work closely with OIP and their home campus financial aid counselor regarding funds that may need to be repaid to the campus and/or debts owed to OIP as a result of their withdrawal.

Students who defer payment for their prepaid costs with financial aid (and then withdraw from the program) may end up owing IP as well as their home campus.

In some instances, a change in visa status as a result of withdrawal from IP, (thus no longer having student status), may mean having to leave the host country immediately.

In all cases of withdrawals and disenrollments, students assume full responsibility for their return to their home, and thereby remove all liabilities and responsibilities from OIP representatives and staff and the Trustees of The California State University.

## Refunds

Students are entitled to a full refund of funds paid, less any funds already committed or expended on their behalf, provided that written notice of withdrawal is received by OIP **prior to June 15**.

Students who withdraw or are disenrolled **after June 15**, but before the beginning of instruction, will receive a refund of all monies paid to OIP less \$500 or an amount equal to funds committed or expended on their behalf, whichever is greater.

Students who withdraw or are disenrolled after the beginning of instruction will receive a refund of funds not already committed or expended on their behalf.

Tuition Fee refunds will be based on the amount paid to OIP, the effective withdrawal date and whether or not a student will receive course credit for the term at the overseas university.

**No refunds will be made for the IP Study Abroad fee after departure.**

**No refunds will be made for health insurance cancellation after departure.**

**No refunds will be made for nonparticipation in group activities.**

**Determinations concerning eligibility for refunds and the amount and date of refunds shall be made at the discretion of the Trustees.**